

Regional Area Plan 2023 – 2028

"Working together for a Healthier Gwent for the right care and support, in the right place, at the right time"



Foreword



The Regional Partnership Board have developed this Area Plan during the backdrop of extreme challenges and unprecedented demands. Public and Third Sector Services are still recovering from the Covid-19 pandemic and its huge impact on the health and social care workforce which has been exacerbated by the recent cost of living increases and cuts to budgets. We are moving on from one of the toughest winter periods with 27th Dec 2022 the busiest day the NHS has experienced in its 70-year history; and this also indicates the challenges across social care and community.

The challenges highlight the need for partners to come together to collaborate more than ever, to create synergy across services and reduce duplication. The RPB will be central to creating the partnership environment to tackle these challenges and the Area Plan will set out how we intend to work together, pool resources and transform services. It is important to adopt all the principles of working, but integration of services and increasing community capacity, given the afore mentioned challenges will be a key priority and requires significant focus in supporting the Minister for Health and Social Services 'Further, Faster' agenda.

We are passionate about improving and creating the best health and wellbeing outcomes for the people of Gwent and put people at the heart of everything we do. We work closely with our communities to co-produce care and support services and making people and their families feel supported and listened to. We know that finding the right services and support is important and we want people in Gwent to be able to access the right services, at the right time and to feel empowered and supported.

Through the Area Plan we will also align actions to other strategic drivers such as Public Service Board's Wellbeing Plan, ABUHB's IMTP and supporting ISPB plans. We will avoid duplication and maximise resources to also deliver national polices.

The RPB is a partnership of consensus and does not have executive powers, so it is crucial that priorities, actions, and delivery of services are agreed by all partners, resources combined, and organisational boundaries reduced to share risk and ensure effective partnership governance.

As RPB Chair I will ensure all partners focus on delivery of the Area Plan and the underpinning action plans to accelerate transformation of services that work, and regularly monitor progress of the plans to ensure we identify good practice and create synergy across partnerships.

Ann Lloyd, CBE - Gwent Regional Partnership Board Chair





It is excellent to see our consultations and conversations with members and attendees at our meetings reflected in the new Area Plan again for the Gwent region. We have had a very busy year, mainly online since the pandemic, but we have been engaging and listening to representatives on many of the key issues that our populations face. It has been an extremely difficult few years for many of our population and for those staff from our organisations who have been through exhausting experiences trying to keep us all well and safe. We would like to thank them all for their dedication and commitment which will never be forgotten.

We are always trying hard to be inclusive of all voices and welcome any new citizens who wish to join us and contribute their experiences and thoughts. The opportunity to ask questions of senior members of our public services who are on the pathway to integrating services is unique to Wales and in our area of Gwent, and we see the results of much closer working between those local authorities and the health board to provide us with clearer and more integrated services each year. We look forward to working with the members of the RPB and monitoring the activities and service provision that affects us all.

On behalf of the Gwent Citizen Panel thank you to all the contributors in this Plan and we look forward to seeing the strategies and objectives in the plan transform into good outcomes for us all.

Lorraine Morgan – Citizens Panel Chair

Both TVA and GAVO are members of the Regional Partnership Board. Our joint roles are to reflect the views of our member organisations and the wider Third Sector we represent.

We have been included and involved in the development of the Regional Area Plan. A huge amount of time and commitment has been invested in the Regional Area Plan and getting to the point of consultation. It is vital to success to receive responses to the consultation and to be able to collate and recognise a broad range of views.

Stephen Tiley – Chief Executive Officer, Gwent Association of Voluntary Organisations (GAVO) &

Anne Evans – Strategic Executive Officer, Torfaen Voluntary Alliance (TVA)



Contents	Page
Introduction	4
Regional Partnership Board and Principles of Working	4
Marmot Principles	5
Regional Challenges to Partnership Working	6
Our Vision	6
Area Plan Requirements and Expectations	7
How the RPB and Area Plan Aligns to Other Strategic Partnerships, Plans and National Policies	8
Engagement and Co-Production	9
How the RPB Will Respond	10
Area Plan Outcomes	12
Governance, Assurance and Monitoring the Area Plan	17
Research Innovation Coordination Hub (RIC)	19
Strategic Background	20
Population Needs Assessment	20
Market Stability Report and Commissioning Strategy	21
Strategic Capital Plan	22
The Equality Act and Focused Work with Minority Groups	22
Regional Principles Adopted to Deliver the Area Plan Sections	23
Partnership Working	24
Prevention and Preventative Services	27
Integrated Working	27
Integration of Services – Part 9 Social Services and Well-being Act	27
Developing An Integrated System of Care and Well-being for Gwent	29
Regional Integrated Funding and Models of Care	29
Locality Partnerships – 'Vehicle for Delivery, Drivers for Change'	30
Core Theme Action Plans	32
i. Autism	32
ii. Carers	36
iii. Children and Young People	40
iv. Dementia	45
v. Health Physical Disabilities and Sensory Impairment	51
vi. Housing	59
vii. Joint Commissioning (Market Stability Report Action Plan)	62
viii. Mental Health and Learning Disabilities	66
ix. Older People	74
x. Workforce	81
Appendix 1: Policy Drivers and Current Work (March 2023)	
Appendix 2: Links to Well-being of Future Generations Act and other Strategic Partnerships	
Appendix 3: ABUHB Clinical Futures and Integrated System of Well-being	
Appendix 4: Performance Management Operation/Process Flow	
Appendix 5: Welsh Government Principles of Working Action Plans & Acronyms	
Appendix 6: Mental Capacity (Amendment) Act 2019 - Liberty Protection	
Safeguards	
Appendix: 7: National Outcomes Framework	



INTRODUCTION

The Gwent Regional Partnership Board (RPB)

Social Services and Wellbeing (Wales) Act 2014 sets out the requirement for local authorities and local health boards to establish Regional Partnership Boards (RPB), to manage and develop services to secure strategic planning and partnership working. RPBs need to work with wider partners such as the third sector and providers to ensure care and support services are in place to best meet the needs of their respective populations.

The Gwent RPB includes Blaenau Gwent, Caerphilly, Monmouthshire, Newport and Torfaen local authorities and the Aneurin Bevan University Health Board (ABUHB). Under section 14A of the Social Services and Wellbeing (Wales) Act, RPBs are required to produce and implement plans (Area Plan) for each local authority area covered by the Board.

Principles of Working

The Social Services and Wellbeing (Wales) Act 2014 shares similar principles with several national strategies and legislation, including the Well-being of Future Generations Act. The main difference between the acts being the time frame with which they are produced: the Area Plan under the Act reflects the Population Needs Assessment (PNA) and covers a 3–5-year period based on the electoral cycle and the Well-being Assessment under the Well-being of Future Generations Act covers a longer period.

Social Services and Wellbeing Act Principles	Sustainable Principles: Well-being of Future Generations
Services will promote the prevention of escalating need and the right help is	Prevention: How acting to prevent problems occurring or getting worse
available at the right time	presione decarming or gening more
Partnership and co-operation drives	Collaboration: How acting in
service delivery	collaboration with any other person or
	any other part of an organisation could
	help meet wellbeing objectives
	Integration: Consider how the
	proposals will impact on wellbeing objectives, wellbeing goals, other
	objectives, wellbeing goals, other objectives, or those of other public
	bodies
People are at the heart of the new	Involvement: The importance of
system by giving them an equal say in	involving people with an interest in
the support they receive.	achieving the wellbeing goals and
	ensuring that those people reflect the
	diversity of local communities.



The Act supports people who have car	е
and support needs to achieve well-bein	g

The importance of balancing short-term needs with the need to safeguard the ability to also meet long-term needs

The principle of wellbeing is at the heart of the Social Services and Wellbeing (Wales) Act and refers to the emotional, physical, and social wellbeing of a person who needs care and support. We are working in partnership to identify and apply significant changes in the way we plan, commission, and deliver care to ensure we are building on innovative models of work already taking place and strengthening asset-based approaches to strengthen our work around:

- **Citizen engagement** to ensure we are hearing the voice of citizens, as they are experts in their own care and support needs.
- Carers who need support to work together as equal partners.
- Prevention and early intervention.
- The **promotion of well-being** to delay and prevent escalating need for care and support provision.
- **Co-production of services and activities** supporting experts by experience to share power and working together as equal partners.
- Strengthen and build on our multi agency and partnership working to ensure the principles of voice and control are achieved through the design and operation of services.

Marmot Principles

A recent Aneurin Bevan University Health Board (ABUHB) review: <u>Building a Fairer Gwent</u>, has revealed that the lives of people in some areas of Gwent are being cut short, due to lifestyle inequalities. The RPB are working in collaboration to support the Gwent Public Services Board (PSB) to help reduce inequalities and make Gwent the first Marmot Region in Wales.

Marmot Principles

- 1. Give every child the best start in life
- 2. Enable all children, young people, and adults to maximise their capabilities and have control over their lives
- 3. Create fair employment and good work for all
- 4. Ensure healthy standard of living for all
- 5. Create and develop healthy and sustainable places and communities
- 6. Strengthen the role and impact of ill-health prevention.
- 7. Tackle discrimination, racism, and their outcomes.
- 8. Pursue environmental sustainability and health equity together.

A recent Marmot launch event identified the inequity of service provision and the 18year gap in healthy life expectancy between the wealthiest and poorest areas of



Gwent. In the least well-off neighbourhoods in the region, women are living just 48 years of their life in good health. We are committed to supporting our partners and communities to work together to improve equity across Gwent and to improve the lives of local communities as a result. The RPB will clearly set out where the work of strategic partnerships is contributing to the development of a Marmot region as well as where work also contributes to the new National Outcomes Framework for Health and Social Care (see Appendix 7).

Regional Challenges to Partnership Working

The RPB have developed this Area Plan during the backdrop of extreme challenges and unprecedented demands. Public Services are still recovering from the Covid-19 pandemic and its huge impact on the health and social care workforce which has been exacerbated by the recent cost of living increases and cuts to budgets. The challenges highlight the need for partners to come together to collaborate more than ever, to create synergy across services and reduce duplication. The RPB will be central to creating the partnership environment to tackle these challenges and the Area Plan will set out how we intend to work together, pool resources and transform services. It is important to adopt all the principles of working, but integration of services and increasing community capacity, given the afore mentioned challenges will be a key priority and requires significant transformation, supporting the Minister for Health and Social Services 'Further, Faster' agenda.

Our Vision

'Working together for a Healthier Gwent for the right care and support, in the right place, at the right time'

We are passionate about improving and creating the best health and wellbeing outcomes for the people of Gwent and put people at the heart of everything we do. We work closely with our communities to co-produce care and support services and making people and their families feel supported and listened to. We know that finding the right services and support is important and we want people in Gwent to be able to access the right services, at the right time and to feel empowered and supported as they do.



Area Plan Guidance Requirements

Section 14A of the Social Services and (Wales) Wellbeing Act sets out the Area Plan requirements:

- The actions partners will take in relation to the priority areas for integration for RPBs.
- The instances and details of pooled funds to be established in response to the population needs assessment.
- How services will be procured or delivered, including by alternative delivery models.
- Details of the preventative services to be provided or arranged.
- Actions being taken in relation to the provision of information, advice, and assistance services.
- Actions required to deliver services through the medium of Welsh.

This Area Plan sets out the response of the Regional Partnership Board (RPB) to the findings of the regional Population Needs Assessment (PNA) report and has been prepared to meet the requirements of the statutory guidance in relation to Area Plans under section 14A of the Social Services and Well-being (Wales) Act 2014. The Act requires a description of the range and level of integrated services proposed to be provided or arranged to deliver the priorities identified under each of the core themes and must include:

- Older people with complex needs and long-term conditions, including dementia.
- People with learning disabilities.
- Children with complex needs; carers, including young carers.
- And Integrated Family Support Services.

The RPB will undertake a full impact analysis and ensure the Area Plan meets requirements as set out in the Welsh Language strategic framework 'More than Just Words' and that a full Equality Impact Assessment is publish alongside this plan.

Area Plan Expectations

The Area Plan will not be able to tackle all health and social care issues affecting people across the region and will focus on several joint priorities that require partnership working.

The Area Plan will:

- Set out the high-level outcomes and priorities for regional working across health, social care, providers and the third sector.
- Focus on priorities that have been highlighted by citizens.
- Set out the success measures that will ensure collective accountability and effectiveness of partnership working.



- Set a common agenda for regional planning, design, and delivery of integrated services for those with a care and support need.
- Focus on areas of work across each of the priority themes areas that require partnership working.
- Sets out how the principles of working under the Social Services and Wellbeing (Wales) Act 2014, will continue to be delivered, especially in relation to integration, preventative working, and transformational change.
- 'Signpost' to other statutory and formalised actions plans where necessary.

How the RPB and Area Plan Aligns to Other Strategic Partnerships, Plans and National Policies

The RPB recognises that there are other established partnerships working across the Gwent region and it is paramount that we do not duplicate efforts but maximise resources to create synergy across partners. There are identified priorities that the RPB are required to lead planning, and there are other priorities where established partnerships are better placed, and some priorities where there is a shared agenda. The Area Plan will highlight key actions but also signpost to established partnerships better placed to deliver. The established partnerships and the RPB will align the following work programmes:

- 1. Regional Public Service Board and implementation of the Well-being Plan
- 2. Regional Safeguarding Board
- 3. Area Planning Board
- 4. Violence Against Women and Sexual Violence (VAWDASV) Group
- 5. Gwent Regional Housing Support Collaborative Group (RHSCG)

The Area Plan will align and complement other strategic plans to avoid duplication and ensure national cross cutting priorities can be delivered.

Strategic Planning Framework	How the RPB and Area Plan will align:
National Programme for Government: Eliminating Profit from Children Services and Reducing Loneliness and Isolation.	together to eliminate profit from Children Services through Children and Young People Area Plan section.



Public Service Board Regional Well-being Plan (Well-being of Future Generations Act) Marmot Principles	 Population Needs Assessment and Wellbeing Assessment developed in partnership. Area Plan will align to Well-being Plan, cross reference priorities and where RPB and PSB lead and where there is joint ownership. Area Plan will set out where actions are contributing to Marmot principles. 		
National Outcome Framework for Health and Social Care	Area plan sections will highlight contributions to national outcomes and indicators.		
Integrated Medium Term Planning	 Area Plan will align and set out delivery of IMTP priorities where they relate to partnership working. 		
NHS Wales Six National Urgent Care Goals	 Area Plan will align and set out delivery of Urgent Care Goals and where they relate to partnership working. 		
Local Authority Corporate Improvement Plans	 Area Plan will align to the local authority priorities where they relate to improving wellbeing and social care. 		
National Models of Care	 Each core theme Area Plan section will set out delivery of related Models of Care. RPB Strategic Partnerships will over deliver of Models of Care. 		
Value Based Health Care	 Strategic partnerships will align and adopt the principles of VBHC (prevention, early accurate diagnosis, optimising intervention, supportive treatment and end of life care). Area plan sections to set out where VBHC goals are being delivered (person-centred care, digital health, communication/engagement/education and delivering value). 		

Engagement and Co-Production (How We Have Developed This Plan)

A way of working whereby citizens and decision makers, or people who use services, family carers and service providers work together to create a decision or service which works for them all.

The approach is value-driven and built on the principle that those who use a service are best placed to help design it.

Co-production: what it is and how to do it | SCIE

The Social Services and (Wales) Wellbeing Act 2014 Act requires local authorities to promote the involvement of persons for whom care, and support or preventative services are to be provided in the design and operation of that provision. Welsh Government have also produced additional guidance to help local authorities



understand the experiences and outcomes of those who use social services with links to Care Inspectorate Wales and Health Inspectorate Wales key.

The SSWB Act sets out the need for engagement and the Area Plan builds on the extensive engagement with citizens (service users and unpaid carers) in the development of the Population Needs Assessment published in April 2022. The RPB has continued to engage with citizens in the development of the Area Plan and working alongside Public Service Board (PSB) colleagues through a joint engagement group to ensure citizen voices are central to the development of the underpinning actions plans.

"Lots of residents highlighted the importance of care and support for those who need it across Gwent and the importance of being able to provide the right care for older people in the region" – Gwent Public Services Board

How the RPB Will Respond

The RPB will respond to citizen comments and deliver in partnership effective Information Advice and Assistance (IAA) and effective 'signposting' care and support for older people across the region, including increasing wellbeing through access to the right support at the right time, in respect to Mental Health support and services across the region.

"Mental health and the importance of the right type of services for adults and children was highlighted throughout the feedback we received. Residents also commented on the importance of exercise and the ability to maintain a healthy lifestyle, access to sports centres and green spaces were felt to be key to this"

— Gwent Public Services Board

The RPB has undertaken a wide range of engagement across the region using a variety of mechanisms such as online surveys, regional conferences, and small group work, as well as linking to established forums below. The Area Plan consultation was available to the public through an online survey and in addition, over 700 people have been directly contacted using citizen groups and over 200 responses received. The emerging RPB priorities were also included in the Gwent PSB's recent wellbeing plan consultation, which reached 1,200 citizens, with over 750 citizens directly engaging and informing themselves of the draft plans online and 275 providing comment and feedback.

Engagement forums included:

- RPB Website Survey Monkey
- Newport One consultation questionnaire.
- Gwent Citizen Network
- Dementia Friendly Communities
- Gwent Autism Steering Group



- Shared with IWBN networks across Gwent
- Gwent Suicide and Self harm Prevention Steering Group shared with attendees

"It does seem to have a better focus and linkage than the first such Area Plan, and acknowledges the importance of organisations working together with those needing and receiving care and support" – Citizen Feedback

Codes of practice that underpin the Act set out the need to engage with:

- People in the area, including children who have or may have needs for care and support.
- People in the area with parental responsibility for children who have or may have needs for care and support; and
- Carers who have or may have needs for support.

The regional Children and Families Strategic Partnership have coordinated engagement with children and young people across the region with a specific focus on children, young people, and parents and linked to existing forums such as the Gwent Youth Forum and Youth Parliament.

The Gwent RPB Citizen Panel has continued to lead and ensure engagement in the development of the Area Plan. The panel will choose three key Area Plan priorities to focus on in the coming year, regularly reviewing the progress of the actions plans and providing feedback. The Citizen Panel Chair updates RPB members through a standing item at RPB meetings. The RPB has also advocated and supported citizen engagement at strategic partnership level such as unpaid carers, people with lived experience of dementia and members of respective partnerships. The Chair has also sat on the national group developing the new Citizen Charter and the RPB are fully committed to adopting once completed.

The RPB have an established a **Provider Forum** which includes a wide range of partners from the third sector and private providers. The Provider Forum Chair is also a member of the RPB and provides updates at every meeting through a standing item on the agenda. The Provider Forum is not mutually exclusive to third sector and private providers and includes membership from across health and social care to lead, develop and promote **Social Enterprises**, **Co-operatives**, and **User Led Services** in partnership. The Provider Forum takes a lead on Social Value discussions especially with respect to rebalancing the social care market.

The Market Stability Report was developed with providers of care from across health, social care, third sector and independent providers, especially those partners with an interest in preventative services. Engagement with providers of care was important during the Covid-19 pandemic, with a need to understand pressures and challenges. Weekly webinars with care homes and domiciliary care providers were established and continue but less frequently.



The **Third Sector Leads** from the two umbrella organisations (Gwent Association of Voluntary Organisations and Torfaen Voluntary Alliance) also sit on the RPB and provide feedback through standing items on the RPB agenda to ensure key messages following engagement with third sector partners is highlighted at each meeting.

Area Plan Outcomes

This is our second Area Plan for Gwent (following our initial plan in 2017) where we can continue with work already underway and plan to address and support the everchanging needs in our communities. The plan reflects the national direction of travel established within 'A Healthier Wales: Our plan for Health and Social Care' and translates the requirements of the Social Services and the Well-being (Wales) Act, Well-being of Future Generations (Wales) Act and the national plan for health and social care into measurable and substantive action.

The Social Services and Wellbeing (Wales) Act 2014 provides a legal framework, to support and improve our statutory partnerships and integrated landscape, in terms of planning, designing, funding, and commissioning services for those people with a care and support need in Gwent. It enables a stronger emphasis to be placed on the development of early intervention and prevention services, co-production with those in need of care and support, and improved wellbeing as the driver of all activity. It also underpins the principles of working established in the Well-being of Future Generations (Wales) Act 2015, to ensure that in the planning and delivery of services, we are actively considering how the wellbeing of future generations can be improved.

The full list of Area Plan outcomes and measures are set out below under the core themes identified in the PNA (as detailed above) and agreed by the RPB. An action plan has been developed for each of the core themes and includes actions in relation to PNA priority outcomes as well as actions in relation to:

- The range and level of services an assessment of the range and level of services required to meet those needs, and the actions required to provide those services.
- **Market stability** an assessment of the stability of the market for regulated. services providing care and support including commissioning priorities.
- Workforce development.

The outcomes are the start point for the RPB performance management framework and are included to provide a clear range of success measures that will be monitored by the RPB and its strategic partnerships. A more robust list of performance measures and qualitative data will be developed within the first year of the Area Plan. The Area Plan outcomes are also the citizen outcomes we want to achieve with high level success measures in place to monitor progress.



Welsh	Outcome Priority	DRAFT Success Measures
Government Core Theme		
Children and Young People	 To improve outcomes for children and young people with complex needs through earlier intervention, community-based support, and placements closer to home. To ensure good mental health and emotional well-being for children and young people through effective partnership working especially mitigating long term impact of Covid-19 pandemic. 	 Increase the support available to children and families with complex needs to reduce the number of out of county placements and increase number of young people provided skills for living. Increase number of partners adopting and delivering NEST principles. Increase awareness, number of referrals and support through SPACE Wellbeing panels.
Older People including Dementia	 To improve emotional well-being for older people by reducing loneliness and social isolation with earlier intervention and community resilience. To improve outcomes for people living with dementia and their carers. To support older people to live, or return following a period of hospitalisation, to their own homes and communities through early intervention, integrated care models and a whole system approach. To mitigate the long-term impact of Covid-19 pandemic through, especially reducing waiting lists and times to access support, appointments, and medical procedures. 	 Increase early intervention support and inclusion opportunities to reduce loneliness and isolation. Increase early intervention and prevention IAA, to support cognitive wellbeing and inform of risk factors of dementia. Increase of the proportion of people with dementia, receiving a formal diagnosis. Increase number of Dementia Friends, Dementia Ambassadors and Dementia Friendly Organisations through integrated working with the regional DFC partnerships and Dementia Board. Increase support for people living with dementia at point of diagnosis. Reduce Delayed Transfers of Care through integrated working. Increase wellbeing through access to the right support at the right time.



Health and physical disabilities	 To support disabled people, including sensory impairment, through an allage approach to live independently in appropriate accommodation and access community-based services, including transport. Ensure people are supported through access to accurate information, assistance and 'rehabilitation' where required. Improve transition across all age groups and support services. 	Decrease duplication of services for children with complex heath needs and disabilities through integrated services for children with additional needs (ISCAN).
People with a Learning Disability	To support people with learning disabilities to live independently with access to early intervention services in the community; and greater public awareness and understanding of people with learning disabilities needs.	 Increase early intervention and practical support to help people live independently. Increase awareness and understanding of the individual needs of people with a learning disability. Increase the number of social opportunities for people with a learning disability. Increase the number of bespoke and individual support packages for people with a learning disability which will involve more one to one support in the community and will require the recruitment of a greater number of volunteers. Increase learning, training, volunteering, and paid work opportunities for people with a learning disability. Increase number of social opportunities through 'My Mates'. Those with learning disabilities would like more opportunities



		for learning, training, and employment to live independently.
Mental Health	 Increase understanding and awareness of mental health amongst the public, to reduce stigma and help people to seek support earlier. We need to improve emotional well-being and mental health for adults and children through timely early intervention and community support. 	 Increase the numbers of service users accessing IAA services, including Melo and Dewis Cymru and being signposted onto the most effective interventions. Increase IAA in accessible formats to provide people with informed choices to support their wellbeing. Increase emotional well-being support in schools and the communities through identified best practice models. Increase support to the workforce to ensure they have the skills and training to effectively support their role. Ensure that the workforce is supported, to be able to provide people with the support they need, at the right time. Increase workforce emotional wellbeing support. Maintain the 12% of people in employment through Growing Space and the Gwent Mental Health Consortium.
Sensory Impairment	 Ensure people are supported through access to accurate accessible information, assistance and 'rehabilitation' where required. Many people felt lonely and isolated during the pandemic and highlighted a need for increased opportunities for more accessible social interaction. 	 Increase accessible IAA to allow people to make informed choices around their care and support needs. Increase opportunities to improve social interaction, mental health, and well-being.
Carers	Support unpaid carers to care through flexible	 Increase awareness and need for flexible respite opportunities.



	respite, access to accurate information, peer to peer support, effective care planning and through increased public understanding. Improve well-being of young carers and young adult carers and mitigate against long-term impacts.	 Increase peer to peer support opportunities. Increase accessible access to IAA. Increase awareness of public understanding of carers and the support available. Increase the number of schools involved in the Young Carers awards scheme. Link young carers awareness to the Dementia Ambassador sessions within schools. Increase number of GP surgeries that are 'Carers aware'. Increase opportunities for peer-to-peer support provision and respite. Increase number of befriending opportunities through working in partnership with key stakeholders.
Autism	To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information.	 Reduce waiting times for diagnostic assessments. Increase access to accessible IAA for pre and post diagnosis. Deliver further autism and neurodiversity awareness training to health, social care and wider RPB partners as well as the wider public. Increase awareness, understanding and acceptance of autism and other neurodevelopmental disorders through bespoke training offers. Increase opportunities for people to find learning, training, and paid employment to support independent living. Individuals with autism and their families have increased direct access to specialist support through a self-referral model.



Governance, Assurance and Monitoring the Area Plan

The aspirations encapsulated within this plan are ambitious, and for a step change in the pace of collaboration, of partnership working and service transformation. It is therefore crucial that there is effective governance and assurance mechanisms in place through the Regional Partnership structure.

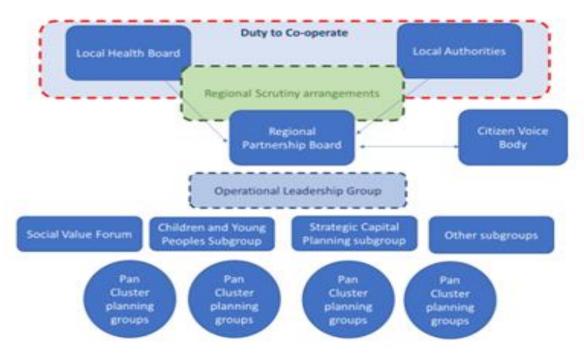


Fig 1: Welsh Government guide for the development of effective RPB structures

A regional Governance framework has been set out in the RPB terms of reference and strategic partnerships to support the work of the Board, and to provide assurance on the delivery of the activity committed to within the report. This framework will ensure all individual partner agencies are able to partake effectively in decision making, alongside their oversight and scrutiny roles.

The RPB supported the Welsh Government development of a self-assessment toolkit and completed an exercise during 2022. The RPB will complete on a regular basis and develop a business plan to be reviewed as a standing item at RPB meetings to support and strengthen governance and performance monitoring.

The Regional Partnership Board is supported by a strategic 'Leadership Group' comprised of senior offices providing a strong emphasis on collective leadership and ensuring the aims of the RPB are translated into core business back in partner organisations.

Thematic strategic partnerships are established to direct and deliver the activity committed to in this plan for those specific population groups identified in the needs assessment. Each partnership is co-chaired by senior leaders from Health and Social Care, who are on the Leadership Group and have led on the development of the core



theme action plans. Each of the strategic partnerships have a common set of terms of reference agreed and supported by a common set of terms of reference for the integrated partnership boards.

The governance framework will be reviewed following the publication of the refreshed codes practice to provide a clear process and line of sight between the Gwent Public Services Board (previously there were 5 separate public service boards, one per LA) and the Regional Partnership Board, and to the Integrated Partnership Boards at a local authority level. The RPB and PSB will ensure they are aligned and coordinate work.

How We Will Monitor the Area Plan

It is crucial that the RPB monitor and evaluate the core theme action plan sections to ensure effective governance and scrutiny. Each core theme section will set out success measures to be reported to the RPB and a performance management framework and reporting structure will accompany the Area Plan and set out:

- Position statement where we are and the curves we have turned.
- **Progress factors** story behind the curves.
- Successes good practice identified.
- Challenges barriers to progress.
- **Next steps** what the RPB are being asked to support or unblock.

The success measures identified in the core theme sections reflect performance measures in the National Outcomes Framework, Public Health Outcome Framework, and the NHS Outcomes Framework. The RPB will also reference and align to the performance measures in local Well-being Plans and Local Authority Improvement Plans; and consider data development through the implementation of the Area Plan as some success measures may not be currently measured.

- The RPB will produce an annual report on activity and outcomes and quarterly progress updates.
- The RPB will develop a programme of self-assessment and organisational development to ensure its effectiveness in leadership and oversight.
- The RPB will ensure reports are issued by the RPB to the appropriate health and local government assurance process especially where this relates to planning and finance and where a commitment is required from statutory partners.
- The strategic partnerships will be required to report quarterly to the Regional Partnership Board on activity, and effectiveness.

The performance management reporting process is set out in Appendix 3.



Research Innovation Coordination (RIC) Hub and Identifying Good Practice

In May 2021 the First Minister set out a clear position that innovation in health and care is central to ensuring that we do not lose momentum, and the culture of 'getting things done quickly' to deliver the best possible outcomes for the public and Wales. Research, Innovation, and Improvement Coordination (RIC) Hubs were rebranded as Regional Innovation Coordination (RIC) Hubs.

For an innovative-led health and social care system to succeed, a facilitated engagement and collaboration between the NHS, Regional Partnership Boards, Local Authorities, Housing Associations, Third Sector, Academic and Industry are vital. The principle of the RIC hubs is an opportunity to take forward this activity at a regional level, fundamentally bringing people, resources, and organisations together quickly, in order to deliver benefit and high value across the health and care system.

The RPB has considered the opportunity for a RIC Hub to support the monitoring and review of the Area Plan through a Community of Practice to:

- Create a repository of current good practice, raising awareness of existing opportunities and increase adoption across the partnership.
- Coordinate support and resources to enable innovation through challenges, ideas, and solutions across the partnerships, with closer engagement with citizens.
- Facilitate events and workshops to share good practice, case studies and citizen stories, with a greater emphasis on awareness and adoption.
- Support awareness campaigns with a clear pipeline of focussed work, to highlight to identified good practice and opportunities to mainstream across the region.
- Identification of new ideas and the ability to support small concepts of change that have the potential to spread and scale into mainstream adoption.

Each strategic partnership will link with the RIC Hub to monitor delivery of the Area Plan and identify areas of good practice.



STRATEGIC BACKGROUND

Population Needs Assessment

The Social Services and Well-being (Wales) Act 2014 introduced a duty on local authorities and local health boards to prepare and publish a Population Needs Assessment (PNA) in 2018, highlighting the needs of people requiring care and support, including carers who need support. The 8 core themes for the population assessment are:

- Children & Young People
- Older People, including People with Dementia
- Health & Physical Disabilities
- Mental Health
- Learning Disability & Autism
- Sensory Loss & Impairment
- Carers
- Violence Against Women, Domestic Abuse & Sexual Violence

Core themes are not addressed in isolation and there is an element of cross cutting working. In addition to the above, the Regional Partnership Board identified other priority themes as cross cutting and include:

- A resilient skilled and integrated health and social care workforce
- Substance misuse
- Adult protection, child protection and safeguarding
- Housing needs
- Autism
- Rebalancing health and social care including social value
- Transforming children's services and removing profit from the care of looked after children
- Tackling loneliness and isolation

The PNA report was developed by the Regional Partnership Board and was published 1st April 2022. The full report is included here: <u>Gwent RPB Population Needs Assessment</u> and includes further detail in relation to the above points.

The actions described in this plan are based on what communities have told us from our Population Needs Assessment (PNA) which assessed the 'care and support needs' of our local population in Gwent. To do this we worked with our citizens groups, professional groups and linked in with Gwent Public Service Board colleagues to engage with our communities.

The Gwent Area Plan will set out the services planned by local authorities and the health board in response to the core themes identified in the PNA, and also builds on the service mapping undertaken as part of the PNA. Additional services are being developed as part of the transformation and development agenda under the Regional Integration Funding plan.



Market Stability Report & Commissioning Strategy

Section 144B Social Services and (Wales) Wellbeing Act 2014 places duties upon local authorities to prepare and publish a market stability report to help local authorities and local health boards to better understand the social care market within each locality, particularly with respect to regulated services such as care home accommodation, domiciliary care and fostering.

The Partnership Arrangements (Amendment) and Regulated Services (Market Stability Reports) (Wales) Regulations 2021, includes a requirement for local authorities and the local health board to carry out these functions in partnership across the area covered by an RPB. The latest MSR is on included on Gwent RPB website and can be found here.

The MSR identifies key commissioning priorities and Area Plans need to include a review of current pooled fund arrangements and joint commissioning across the region, especially in relation to the Rebalancing Care and Support Programme (currently there is a pooled budget arrangement for care homes). The 2015 partnership regulations also require partnership bodies within each RPB to set out how their exercise of their family support functions, consideration of alternative delivery models, such as social enterprises and details of the types of services to be arranged or procured and be delivered by private sector providers, third sector providers or alternative delivery models will be enabled.

The White Paper 'Rebalancing Care and Support' sets out Ministerial ambitions to rebalance the social care sector away from cost to quality, from outputs to outcomes and from profit towards social value. The regional Provider (Social Value) Forum will continue to support the RPB to engage with providers of care and third sector partners to ensure engagement and co-production with partners.

The Gwent RPB has established a Regional Commissioning Group to oversee commissioning across the region and an action plan section sets out the key priorities and actions to progress.

Market Position Report Priorities:

- Adult Services the stability of the market in adult services as increasing cost pressures mount, allied to long running and entrenched recruitment and retention difficulties especially so in the adult domiciliary, residential care markets.
- 2. Mental health and learning disability services mental health provision and learning disability services including day services.
- 3. Childrens fostering and services for children looked after need to be commissioned close to home and to reduce reliance on high profit organisations often far away from people's homes in line with Welsh Government's Eliminating Profit from Childrens Services.



4. Continued promotion of social enterprises through the Gwent Provider (and Social Value) Forum.

Strategic Capital Plan

Each RPB is required to develop a 10-year Strategic Capital Plan (SCP) that brings together health, social care, housing, third sector, education, and regeneration partners to develop integrated service delivery facilities and integrated accommodation-based solutions. The Gwent SCP will align with this Area plan and supporting national agendas such as Welsh Government's Eliminating Profit from Childrens Services and the development of accommodation-based solutions across the region.

The Programme for Government includes a commitment to create 50 integrated health and social care hubs and centres across Wales. Development of these hubs will be funded through the Regional Integration Fund (revenue) and the Health and Social Care Integration and Rebalancing Fund (capital). There is a need to take a strategic approach to identifying existing hub arrangements, and opportunities for additional or further enhancement of existing hubs that will enable integrated service to be offered closer to the community.

The Health Housing and Social Care Strategic Partnership will oversee and support partnership arrangements to develop and deliver a SCP; and this will be set out in the Area Plan Housing Section.

The Equality Act and Focused Work with Minority Groups

We have engaged the views of those who are seldom heard and marginalised, including those of minority groups such as homeless people and travellers. We are continuing to strengthen our relationships with community groups, service leads and organisations such as Diverse Cymru, to help us shape and coproduce future health and social care provision that is diverse, inclusive and meets individual needs. We have used existing mechanisms to engage with vulnerable groups such as those set out below:

- Children Looked After (CLA) and young carers
- People in secure estates and their families
- Homeless people
- Lesbian Gay Bisexual Transgender (LGBT) community
- Black Minority Ethnic groups
- Military veterans
- Asylum seekers and refugees



We work closely with the Gwent Public Service Board (PSB) to prevent duplication of engagement and planning with our communities, and the recent PSB Wellbeing Assessment shows that there are some aspects of well-being that are real strengths for our communities such as strong connections and supportive neighbourhood connections.

The wellbeing plan also highlights inequalities across our communities, impacting on many aspects of wellbeing. People living in more disadvantaged communities can have considerably shorter life expectancy and are more likely to be living with life limiting health conditions. Also, although the employment rate across Gwent is around the Welsh average, many families are struggling to meet their basic needs, made worse by the rises in fuel and food prices. Even in areas which appear to be more affluent there are pockets of hidden poverty. Further detail on the assessments can be found here.

The Covid-19 pandemic also highlighted new challenges for the people of Wales. Health and wellbeing of individuals and communities has been poorly affected but these impacts have not been felt equally. Those who are already living in poor health, poverty or in marginalised communities have been the hardest hit. It has highlighted the inequalities we know have existed in our society long before the pandemic and these have been further compounded as a result of both the direct and indirect harms from the pandemic. A full Public Health Wales report. *Inequality in a Future Wales* can be found here.

The Area Plan themed sections will set out actions to support and focus partnership working to support minority groups. For example, the Children and Young People section will set out key actions to support children looked after, the Housing section will set out actions to address homelessness, the Carers section will set out actions to support young carers. The RPB, working with statutory partners and the regional PSB will undertake a full impact analysis and ensure the Area Plan meets requirements as set out in the Welsh Language strategic framework 'More than Just Words'.

Regional Principles Adopted to Deliver the Area Plan Sections

'By working in collaboration, with a focus on long term sustainability we will transform services, to provide more care closer to home, improving well-being, and citizen outcomes.'

Health and Social Care legislation and guidance is continually reviewed across Wales and sets out a need for a step change in the pace of integration, partnership working and collaboration - *Further, Faster*. Whilst many challenges will remain in overcoming organisational boundaries and cultures, a set of shared working principles in addition to the principles in the Act have been adopted by the Gwent Regional Partnership



Board, to provide consistency and quicken the pace by which we can work collaboratively to transform and re model services. We will adopt:

- An integrated approach to planning and service development
- A shared approach to workforce development and sustainability
- Development of shared financial arrangements
- Enabling those with a care and support need to be informed and able to selfmanage their care
- A seamless service pathway of care which is truly citizen centred

Partnership Working - RPB Strategic Partnerships

RPBs will determine the most appropriate structures for ensuring effective strategic planning and the provision of integrated services and delivering key functions, including implementation of the Area Plan. As a guide, RPB structures should:

- Position the RPB as an effective collaborative vehicle through which Local Authorities and Local Health Boards exercise their duty to co-operate.
- Consider arrangements that will allow for more rapid operational decision making without undermining the strategic role of the RPB.
- Establish thematic subgroups to support plan and programme delivery.
- Make clear connections with Pan cluster Planning Groups.

As a minimum, RPBs must establish subgroup arrangements in relation to:

- Children and young people with a focus on early help and prevention in relation to
 - Children and young people who are disabled and/or experience illness.
 - Children and young people who are care experienced, including care leavers.
 - Children and young people who are in need of care and support.
 - Children and young people who are at risk of becoming looked after.
 - o Children and young people with emotional and behavioural needs.
 - Young carers and young adult carers.
- Strategic capital planning
- A Regional Social Value Forum

Subgroup arrangements should also include groups to focus on housing and accommodation-led solutions to health and social care. The Gwent RPB have developed a strategic partnership sub structure to deliver related Area Plan sections. The individual core themes sections have been developed by the Gwent strategic partnerships and supported by the Regional Leadership Group. The following strategic groups have coordinated related core themed sections:



Strategic Partnership	Area Plan Core Theme Section
Children and Families Board	Children and Young People
Gwent Adult Strategic Partnership (GASP)	Older People, Health and Physical Disabilities and Sensory Impairment
Carers Board	Carers
Mental Health & Learning Disabilities Partnership	Mental Health, Learning Disabilities
Health Housing and Social Care	Housing and Strategic Capital Planning
Regional Autism Partnership	Autism
Dementia Board	Dementia and National Dementia Action Plan
Workforce Board	Workforce
Regional Commissioning Group	Joint commissioning, Market Stability, and Pooled Budgets



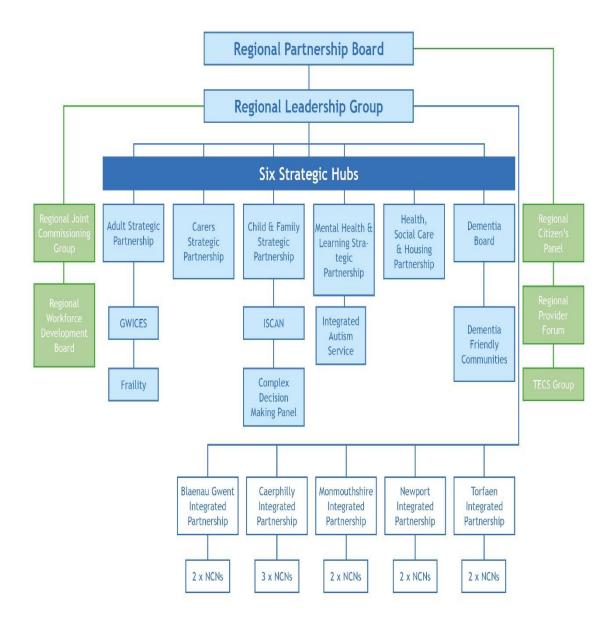


Fig 2: RPB structure

Other strategic partnerships such as the Substance Misuse Area Planning Board, Safeguarding Boards will also play a lead role in ensuring cross cutting themes such as substance misuse and safeguarding are aligned in this Area Plan. The Regional Partnership Board (RPB) will set the partnership framework for the above partnerships to link, align priorities and avoid duplication.



Prevention and Preventative Services

Section 15 of the Social Services and (Wales) Wellbeing Act 2014 requires local authorities and health boards to have regard to the need to provide or arrange preventative services. Also, the RPB must set out through this Area Plan, preventative services proposed to be provided or arranged in response to the population assessment, including those existing services which will be maintained. Each core theme section has been developed using principles of early intervention and prevention.

The RPB are considering how early intervention and preventative services can be as part of community capacity building, in line with Minister's 'Further, Faster' agenda; and will consider a prevention strategy to focus and redirect funding, especially in relation to winter planning.

INTEGRATED WORKING

Integration of Services - Part 9 Social Services and Well-being Act

Under Part 9 of the Social Services and (Wales) Wellbeing Act, Regional Partnership Boards are required to prioritise the integration of services in relation to:

- Older people with complex needs and long-term conditions, including dementia.
- People with learning disabilities.
- Carers, including young carers.
- Integrated Family Support Services.
- Children with complex needs due to disability or illness.

Additional guidance from Welsh Government have identified key enablers for integration.





For this Area Plan the Regional Partnership Board will adopt a principle of integration based on the following areas of working:

- Joint commissioning of services and pooled budgets.
- Joint workforce development and training.
- Consistent and portable assessment processes including outcome and distance travelled toolkits.
- Co-located teams.
- Sharing of resources.
- Similar understanding of information provision and consistent key messages to citizens.

The above definition of integration will be adopted when implementing the Area Plan and there is an expectation that the strategic partnerships charged with implementing the Area Plan will consider the above areas of work when delivering actions to achieve the identified outcomes.

Developing An Integrated System of Care and Well-being for Gwent

The Parliamentary Review into Health and Social Care in Wales states that the:

"Growing demand for care in the face of modest economic growth means that health and care services must change and adapt to best meet need and help people achieve the outcomes they desire. As we will show, the health and care system are not sustainable into the future in its current form; change which delivers major improvement to services is urgently required much faster than in the past".

The shared ambition of partners across Gwent is to create a system of integrated services for those with a care and support need, where more care is provided closer to home in a seamless integrated pathway. We will do this by developing new health and wellbeing hubs, implementing, and growing our network of neighbourhood community networks (NCNs), developing regional integrated services for people with complex needs, and designing new more sustainable models of care for children, older adults and those with mental health or learning disabilities.

Our intention through the Gwent Area Plan is to re-model services to reduce unnecessary complexity and deliver a more consistent integrated, inter-professional way of working across health and social care. We have developed a new 'transformational' model focused on 'place-based care', with services operating on a local population basis, supported by more specialist expertise at a wider level. The delivery mechanism is the Neighbourhood Care Network Model (NCN), unique to Gwent, with local integrated partnership boards providing leadership, governance, and accountability at a local authority level.



The system is predicated on the shared agreement by both Health and Local Government to provide more care closer to home, to reduce a reliance on primary care services, and prevent unnecessary hospital admissions. The system will build on the existing innovation across Gwent, and use the NCN footprint, as the basis from which services will be planned and delivered, around a model of community well-being.

The establishment of strategic thematic partnerships provides an engine room for delivery, with dedicated programmes of work, and specific outcome measures in place across each. Delivery will be through the local 'Integrated Partnership Boards', and NCN model, ensuring a collaborative approach to planning and delivery from a regional level to localities.

The RPB and strategic partnerships will provide the regional expectation for delivery of services and the IPSBs and NCNs are well placed to ensure the services are delivered consistently regardless of demography. The plan articulates how we intend to do this, and deliver integrated services, which improve the well-being of the population of Gwent over the next three years; it establishes a set of outcomes, measures and milestones and appropriate governance arrangements, to provide assurance to the Regional Partnership Board.

Regional Integrated Funding and Models of Care

The Social Services and Well-being (Wales) Act 2014 sets out statutory duties for regional partnership boards which bring together health, social services, the third sector and other partners to take forward the effective delivery of integrated services in Wales. Welsh Government have provided the Regional Integration Fund (RIF) to support Regional Partnership Boards to work together to support frail and older people, people with a learning disability, children with complex needs due to disability or illness and carers, including young carers. The fund helps support older people to maintain their independence and remain at home, avoiding unnecessary admissions to hospital or residential care and delays when someone is due to be discharged from care. It is also being used to support the Integrated Autism Service for Wales, and the roll out of the Welsh Community Care Information System across Wales.

Our Population Needs Assessment and Market Stability Report completed in 2022 will help to develop strategic planning and revenue investment proposals for the Health and Social Care Regional Integration Fund (RIF) 2022 - 2027. We will also ensure that we have a focus on the six new national models of integrated care, so that citizens can be assured of an effective and seamless service experience in relation to the models of care:

- Community based care prevention and community coordination.
- Community based care complex care closer to home.
- Promoting good emotional health and well-being.



- Supporting families to stay together safely, and therapeutic support for care experienced children.
- Home from hospital services.
- Accommodation based solutions.

<u>Locality Integrated Service Partnership Boards and Neighbourhood Care</u> Networks – 'Vehicle for Delivery, Drivers for Change'

At a local authority level, integrated partnership boards have been established to act as the local drivers of change, translating the regional commitments into appropriate locality-based activity. For example, the Newport Integrated Board will provide oversight on the development of the proposed Ringland Health and Wellbeing Hub. Each of the ISPBs will oversee and support the Neighbourhood Care Network (NCN) delivering planned priorities.

Clearly, integrated working needs to be considered at a regional level in terms of strategic direction, oversight, and impact. However, implementation must be taken forward at a locality (local authority) level, being mindful of those services, structures and demands. These bodies do have some oversight of Neighbourhood Care Networks (NCN's) which are specific to ABUHB, having a management structure within that organisation, but needing to have strong partner connection at local level.

The 5 locality Integrated Service Planning Board plans have been aligned to the PNA priorities and this Area Plan. The planning relationship has been discussed by the regional Leadership Group and each of the Strategic Partnerships will consider how the ISPB enablers will deliver the regional priorities in collaboration and avoid duplication. During 2023/24 the RPB will work closely with ISPBs to identify a small number of key areas to progress joint working and how this will work long term e.g. workforce development features in all ISPB plans and an opportunity to work more closely with the regional Workforce Board on areas of collaboration and how NCNs can deliver regional priorities locally.

Accelerated Cluster Development

The Strategic Primary Care Programme in Wales promotes seamless working in Health Boards and with partners, including:

- Shifting the focus to a 'social model of care'.
- Ensuring timely access to primary care services across Wales.
- Working closely with partners to strengthen services and achieve seamless working across the whole system.
- Working on a 'once for Wales' basis, including championing and 'scaling up' of local initiatives across Wales identifying solutions and enabling functions at a national level.



Pan Cluster Planning Groups are seen as the mechanisms by which representatives of clusters come together at a county population level to collaborate with representatives of health boards and local authority decision makers, public health experts, planners, and representatives of citizens. It is important that Clusters and Pan Cluster Planning Groups are enabled to work closely and coherently with Regional Partnership Boards ensuring that they offer greater value as a whole than just the sum of their parts. Pan Cluster Planning Groups (PCPGs) should operate across a Local Authority area to deliver RPB priorities contained within the Area Plan and PCPG assessment of needs and plans must inform and be informed by regional level assessments of need (which are a statutory function of RPBs).

Given that ISPBs have been established across Gwent, the RPB recognised that the regional ISPB is well placed to pick up the functions of a PCPG for Gwent. The RPB will continue to work closely with partners during the first year of this Area Plan to ensure joint working and planning are realised.

CORE THEME ACTION PLANS

AUTISM AND NEURODEVELOPMENTAL DIAGNOSIS

Regional Priority / Outcome as identified in the Population Needs Assessment:

• To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.







Increase more timely diagnosis of Autistic Spectrum Disorder and access to support services and information and advice pre and post diagnosis.

Increase awareness, understanding and acceptance of neurodiversity across the region and recognise the varying individual support needs; via training to health, social care and wider RPB partners, as well as the wider public.

Increase opportunities and practical support for learning, training, volunteering, and paid employment, to support independent living.

The regional <mark>Gwent Strategic Autism Group</mark> will develop, co-ordinate and monitor delivery of this plan on behalf of the Mental Health and Learning Disability Strategic Partnership and Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

- To provide more timely diagnosis of Autistic Spectrum Disorder and access to support services and information and advice pre and post diagnosis.
- Improve awareness, understanding and acceptance of neurodiversity across the region to health, social care and wider RPB partners, including Registered Social Landlords (RSL's) as well as communities.
- Increase understanding and awareness of the varying support needs of people on the Autistic Spectrum, their families, and carers (Some people may require full time and care support, some may be non-verbal and have complex needs, some may need support with day-to-day activities, whilst other people live fully independent lives).
- Support more opportunities and practical support for learning, training, volunteering, and paid employment, to support independent living.



(WHAT we are doing) Action	(WHO) Partner Agencies	(HOW) will we deliver	(WHEN) Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
	Gwent Autism Strategic Group RPB Autism Champion IAS RSLs	 The strategy will be delivered and monitored through the bimonthly meetings of the Gwent Autism Strategic Group. Their action plan is currently being reviewed as a response to public engagement in Gwent around the Code of Practice. RPB Autism Champion reports back to the RPB after each Autism Strategic meeting, to update on developments. Regular reports and updates from IAS to highlight good practice and identify challenges. 		An increase in the number of people receiving a timely diagnosis. Individuals with autism and their families have increased direct access to specialist support through a self-referral model
Practice	Gwent Autism Strategic Group IAS RSLs	 Undertake an audit and self-assessment against Code of Practice (CoP) requirements. Identify gaps, good practice, and areas of joint working across the region with an implementation plan. Autism Champion for the RPB is included in governance structure of the Gwent Autism Strategic Group and reports back to the RPB on developments. Experts by experience (people with a diagnosis of autism, ADHD, and other neuro developmental conditions) form a key part of 		Increase in the number of people receiving a timely diagnosis. Increasing in the number of people being offered pre and post diagnostic support. Increased access to accessible Information Advice and Assistance (IAA) Increased uptake of awareness, understanding and acceptance training on autism and other neurodevelopmental conditions.



		the group to share their knowledge and expertise. (Chair/Vice Chair) Explore how RSLs can support and increase awareness for staff		Increased number of people in training and paid employment opportunities.
Oversee and monitor delivery of Regional Integrated Funding delivery models of care and capital spend	Strategic Partnership	 The Partnership will oversee and review progress of all RIF funded projects through a standing item update at each meeting. A complete list of related projects will be shared with members to determine the schedule of meeting/presentations Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card. The Chair will include an overview of RIF delivery as part of annual presentation to RPB. 	Standing item, each meeting	Support delivery of national Models of Care and monitor effectiveness of projects.
Review other local, regional, and national plans to identify areas of collaboration and alignment of resources.	NCN	 Review and identify areas of collaboration ABUHB IMTP ISPB, NCN Local Authority Corporate Improvement Plans PSB regional Wellbeing Plan and delivery Marmot principles 	Quarterly	Maximise resources Single work programmes Identify opportunities for joint commissioning



Identify how work contributes and deliver National Outcome Framework	



UNPAID CARERS, YOUNG CARERS AND YOUNG ADULT CARERS

Regional Priority / Outcome as identified in the Population Needs Assessment:

- Support unpaid carers to care through flexible respite, access to accurate information, peer to peer support, effective care planning and through increased public understanding.
- Improve well-being of young carers and young adult carers and mitigate against the long-term impacts.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.

•	,	alation lovor indicator of	
	Number of small grants administered	Number of organisations awarded CFE accreditation	Number of schools awarded YCIS award

The regional Carers Board will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

- There is still a need to increase awareness of the needs of carers and for frontline staff to be able to recognise when people take on caring
 responsibilities and signposted to information, especially young carers.
- Peer to peer support and respite provision are continually highlighted as being a priority need for carers and there is a need to increase support through third sector and community partners to increase befriending opportunities and community groups.

Policy Drivers

The Unpaid Carers Strategy for Wales (March 2021) set out the following revised national priorities for unpaid carers:

- identifying and valuing unpaid carers, providing information, advice, and assistance, supporting life alongside caring and supporting unpaid carers in education and the workplace. Strategy for unpaid carers [HTML] | GOV.WALES
- A Carers' Delivery Plan published in November 2021. Strategy for unpaid carers: delivery plan 2021 [HTML] | GOV.WALES



Action	(WHO) Partner Agencies		(WHEN) Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Delivery of the Welsh Government national priorities for carers, as set out in Strategy for Unpaid Carers and national Delivery Plan		 Coordinate and review small grants scheme. Deliver Carer Friendly Employee Accreditation scheme. Promote Carers Hub and Spoke model. Continue with GP champions work programme. Continued rollout of Young Carers in Schools Award Scheme and Young Carers ID Card Scheme. Communication campaign to raise awareness of carers amongst public and in schools to identify young carers. Explore options to share more widely existing good practice and support other ways that identify and offer support to unpaid carers through the hospital discharge process. 		 Number of small grants administered. Number of organisations awarded CFE accreditation. Number of schools awarded YCIS award.
Integrated Wellbeing Network Development to support unpaid carers	Carers Board ISPBs NCNs	 Assess and identify good practice in Community connector roles. Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. Support and build community resilience and grow social networks, tapping into sources of support in the community. Review health and wellbeing hubs and identify effective hub coordination. 		Increase number of unpaid carers better informed.



Work in partnership with third Carers Board sector partners to provide GAVO effective support to Carers including • Flexible respite • Training and awareness • Support to Young Carers • Advocacy provision	 Explore volunteering solutions and promote and extend regional Ffrind I Mi volunteering scheme. Work with LA's and Third Sector Partners to Quarterly meetings deliver solutions to implement models of care and support hospital discharge. Develop opportunities for peer-to-peer support. Coordinate and administer respite grants and identify best practice. Develop Young Carer network opportunities. 	 Number of peer-to-peer networks. Number of respite hours.
the care closer to home strategy increases the community level support for unpaid Carers Carers Board ABUHB/ ISPBs NCNS Housing	 Ensure carers are supported in discharge processes. Signposting carers to relevant support services. Providing training opportunities to staff in relation to unpaid carers. 	 Number of staff provided training/ awareness.
Oversee and monitor delivery of Carers Board Regional Integrated Funding delivery models of care and capital spend	with members to determine the schedule of	Individual performance measures set out in project proposals Support delivery of national Models of Care and monitor effectiveness of projects.



	to update Leadership group and share a partnership report card. The Chair will include an overview of RIF delivery as part of annual presentation to RPB.		
NCN	Review and identify areas of collaboration ABUHB IMTP ISPB, NCN Local Authority Corporate Improvement Plans PSB regional Wellbeing Plan and delivery Marmot principles Identify how work contributes and deliver National Outcome Framework	·	Maximise resources Single work programmes Identify opportunities for joint commissioning

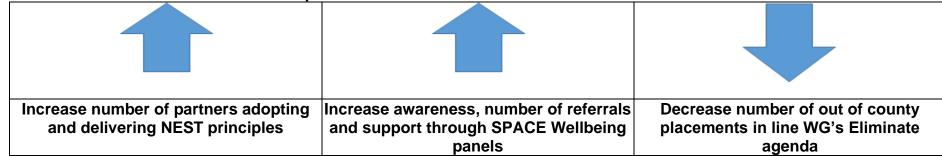


CHILDREN AND YOUNG PEOPLE

Regional Priority / Outcome as identified in the Population Needs Assessment:

- > To improve outcomes for children and young people with complex needs through earlier intervention, community-based support, and placements closer to home
- ➤ To ensure good mental health and emotional well-being for children and young people through effective partnership working especially mitigating long term impact of Covid-19 pandemic

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional Children and Families Board will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

- 1. There is a need to continue strengthening services and partnerships around a single front door approach, to reduce hand offs between organisations and establish a sequenced approach to multiple intervention needs.
- 2. The RPB will continue to implement principles of NEST/NYTH across all services, to remain focused on what matters to children, young people, and families as we move to a whole system approach.
- 3. Given the new programme of government priority to eliminate profit in residential care for children looked after, the RPB will support this agenda and the early intervention and preventative services that help reduce children becoming looked after.
- The Welsh Government's Programme for Government 2022-2027 contains several commitments that describe a new vision to transform children's services to support the family unit to remain together where possible, with local services working alongside families to help design and take forward family-owned solutions to their problems.



•	This way families will be better equipped with the skills, experience, and resilience to work through difficulties, with far fewer children needing to come into care.



(WHAT we are doing) Action	(WHO) Partner Agencies	(HOW) will we deliver	(WHEN) Timescales/ Milestones	Progress Measures
The Children and Families Board will develop a joint response and solutions to delivering Welsh Government's Eliminate Programme for Government priority		 Develop a joint safe accommodation task and finish group, to develop residential options with integrated processes across health and social care. Link to Health Housing and Social Care partnership in developing capital solutions. Consider joint commissioning opportunities across residential and foster care. 		Placements closer to home.
Deliver and embed the NEST and NYTH framework across the region	CFB			Increased number of partners adopting NEST principles.
Deliver Integrated Support Children with Additional Needs (ISCAN) partnership solutions		 Developing integrated therapeutic services for children with complex needs, as well as a continued focus on prevention and early intervention. Improve Transition arrangements through identification good practice and pooling partnership resourcing. 		 Increased number of effective Transitions between children and adult services.



		Review Continuing Healthcare processes to improve partnership working.
Deliver Together for Mental Health in partnership with MHLD partnership	CFB & MHLD	 Develop joint task group to oversee and coordinate T4MH action plan, with a focus publication of new on CAMHS provision and aligned tostrategy. ABUHB's IMTP. Standing item at CFB meetings. Support implementation of whole school approach to emotional mental wellbeing.
Oversee and monitor delivery of Regional Integrated Funding delivery models of care		 The Partnership will oversee and review progress of all RIF funded projects through a standing item update at each meeting. A complete list of related projects will be shared with members to determine the schedule of meeting/presentations Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card. The Chair will include an overview of RIF delivery as part of annual presentation to RPB.



Review other local, regional, and ISPB national plans to identify areas of NCN collaboration and alignment of LAs resources. ABUHB PSB	 Review and identify areas of collaboration ABUHB IMTP ISPB, NCN Local Authority Corporate Improvement Plans PSB regional Wellbeing Plan and delivery Marmot principles 	·	Maximise resources Single work programmes Identify opportunities for joint commissioning
	 Identify how work contributes and deliver National Outcome Framework 		

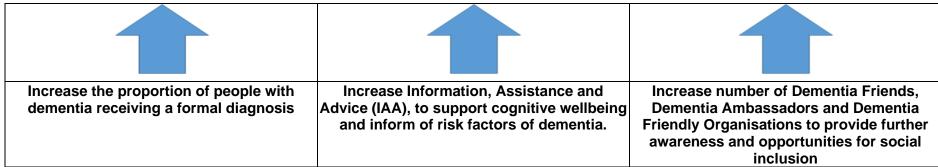


DEMENTIA

Regional Priority / Outcome as identified in the Population Needs Assessment:

To improve outcomes for people living with dementia and their carers.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional Dementia Board will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

3. We need to strengthen partnerships, services, and coproduction models to improve the outcomes for people living with dementia and their carers.

Policy Drivers

- Welsh Government National Dementia Action Plan
- NHS Wales All Wales Dementia Care Pathway of Standards

September 2021 a companion to the Dementia Action Plan for Wales 2018-2022 was published, outlining the current priorities for action as we emerged from the COVID-19 pandemic. Following the launch of the plan in 2018, RPBs were asked to develop services which addressed any identified gaps, and they will recently have considered how older people, including those with dementia, can be supported by the six new models of integrated care under the RIF. Welsh Government are undertaking an independent evaluation to inform the content of any future action plans, and area plans will need to flexible enough to respond to any relevant changes.



(WHAT we are doing) Action	(WHO) Partner Agencies	(HOW) will we deliver	(WHEN) Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Delivery Welsh Government National Dementia Action Plan (DAP)	 Dementia Board and all members People living with dementia and carers. Housing and RSLs 	 Develop a Gwent Dementia Action Plan setting out how national priorities will be delivered regionally Delivery of the Dementia Action Plan (DAP) is delivered through the programme of work overseen by the Dementia Board, with regular progress updates and monitoring through the biannual dementia board meetings. Progress is also fed through to the Regional Partnership Board (RPB) through annual reporting and project updates at RPB meetings. 	April 2023 and reviewed bimonthly	 Gwent Dementia Action Plan has been developed and aligns to the 20 All Wales Dementia Pathway of Standards which will also include performance measures. Regular forums are held both face to face and online to gather case studies of good practice and where improvements need to be made. (Patient stories) The Gwent Regional Action Plan for Dementia Friendly Communities aligns to specified needs in each LA area, as set by the multi-agency DFC groups. Report progress and outcomes to RPB for review.
Deliver NHS Wales All Wales Dementia Care Pathway of Standards	 Dementia Board and all partners People living with dementia and carers. Housing and RSLs Third Sector, Private Sector 	 Implementation of all Wales dementia pathway of standards promote a whole systems integrated care approach, through equity of provision, supporting the DAP. This work will be delivered through the subgroup workstreams, with 	Leads provide monthly report to Dementia Board	 Workstream subgroups have been developed to take forward this programme of work which includes the following workstreams: Engagement Memory Assessment Service/Dementia Connector role. Dementia Friendly Hospital Charter.



		oversight and management and coordination of the Senior Programme Manager reporting on performance and progress to the Dementia Board. This		 Education/Workforce Measurement/ Performance Performance measures will be
		will also be monitored through annual reporting to the RPB		 developed for all workstreams Subgroup leads report to National group to share learning/progress, then feedback to regional subgroups and Dementia Board. Experts by Experience group set up to support coproduction of service provision. Exception reports and risk register to provide updates against outcomes.
Further develop and strengthen Dementia Friendly Communities	 Dementia Board and all partners People living with dementia and carers. Housing and RSLs Third Sector, Private Sector ISPBs/ NCNs 	Communities (DFC) agenda is overseen and coordinated by the Gwent Regional	Bimonthly reporting via regional DFC. Annual conference showcasing innovation and progress.	



Integrated Wellbeing Network Development to support people living with dementia and their carers	Integrated Wellbeing Community Leads	•	Assess and identify good practice in Community connector roles. Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. Support and build community resilience and grow social networks, tapping into sources of support in the community. Review health and wellbeing hubs and identify effective hub coordination. Explore volunteering solutions and links to schools to promote Age Friendly Communities. Promote and extend regional Ffrind I Mi volunteering scheme.	Bimonthly meetings	•	Multi agency workforce with awareness of dementia and unpaid carers Increase in information and advice available.
		•			•	



Oversee and monitor delivery	Dementia Board	The Partnership will oversee	Support delivery of national Models of
Oversee and monitor delivery of Regional Integrated Funding delivery models of care	Dementia Board	 The Partnership will oversee and review progress of all RIF funded projects through a standing item update at each meeting. A complete list of related projects will be shared with members to determine the schedule of meeting/presentation Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card. The Chair will include an 	Support delivery of national Models of Care and monitor effectiveness of projects.
		 The Chair will include an overview of RIF delivery as part of annual presentation to RPB. 	



Review other local, regional,	ISPB	Review and identify areas of Quarterly	Maximise resources
and national plans to identify	NCN	collaboration	Single work programmes
areas of collaboration and	LAs	ABUHB IMTP	
alignment of resources.	ABUHB	ISPB, NCN	 Identify opportunities for joint
	PSB	 Local Authority Corporate Improvement Plans PSB regional Wellbeing Plan and delivery Marmot principles Identify how work contributes and deliver National Outcome Framework 	commissioning



HEALTH, PHYSICAL DISABILITIES AND SENSORY IMPAIRMENT

Regional Priority / Outcome as identified in the Population Needs Assessment:

- > To support disabled people, including sensory impairment, through an all-age approach to live independently in appropriate accommodation and access community-based services, including transport.
- Ensure people are supported through access to accurate information, assistance and 'rehabilitation' where required
- Improve transition across all age groups and support services.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional Gwent Regional Partnership Board and aligned Strategic Partnerships will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed.

Policy Areas:

- Welsh Government's Disability Equality Forum Impact of Covid-19 on disabled people in Wales and 'Action on Disability' framework.
- Wales Council of the Blind: Rehabilitation Officers for Visual Impairment, Addressing a workforce crisis in Wales.



All Wales Deaf Mental Health and Wellbeing Group - Deaf People Wales: Hidden Inequality.



•	(WHO) Partner Agencies	(HOW) will we deliver	(WHEN) Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Promote equality and inclusion.	 RPB Strategic Partnerships under the RPB. Local Authorities ABUHB Gwent PSB Independent/Third Sector 	 Continue to promote advocacy services Golden Thread Advocacy Provision, Snap Cymru and NYAS for children and young people. Developing consistent, integrated regional services, that are accessible and respond to the population needs assessment. 	6 monthly reviews starting from April 2023.	Number of people accessing advocacy support.
Further development of accessible coproduced services to support people and promote inclusion, independence, and support people to become more resilient to manage their own conditions	 Strategic Partnerships under the RPB. Local Authorities 	 Citizen panel working across Strategic Partnerships to continue to strengthen coproduction and implement Citizen Charter. Continue with coproduction with children and young people through regional youth forum, to design mental health support. 	Quarterly meeting	Number of engagement events/meetings Number of services reviewed which demonstrate coproduction



		 Continue to support the Gwent Regional Autism Group in coproduction with parents and neurodiverse individuals. Continue with regional parent group to engage and coproduce support with parents in relation to neurodevelopment services. 		
Increase use of assistive technology, such as telecare to transform domiciliary care and supported living services	under the RPB.	, ,	April 2023.	Individual measures linked to provision resources e.g., Dementia Hug dolls, magic tables etc.
Promote healthier lifestyles and reducing health inequalities	Strategic Partnerships under the RPB Public Health Wales Local Authorities ABUHB Gwent PSB	, , ,	6 monthly reviews from April 2023.	



Continue to strengthen Transition arrangements between children and young people's and adult services. Strategic Partnerships under the RPB. Local Authorities ABUHB Independent/Third Sector ISCAN Board	wellbeing plans to avoid duplication) Maximise health and social care staff to promote strength based and what matters discussions. Mork currently ongoing linked to the Children and Families Strategic Partnership and Mental Health and Learning Disability Strategic Partnership, to scope current Transition models and how to develop and improve. Support ISCAN Board and ensure good practice identified
Continue to improve accessible RPB information, advice, and ABUHB assistance including support for LAs people with sensory needs RSLs including rehabilitation.	 Working with WG and partners to continue to develop and promote on progress already made, with a range of Information, Advice and Assistance provision, such as Dewis Cymru and Info engine. Ensure information is accessible and in



	various formats, especially for people with sensory needs. Link to Dementia Board with the implementation and delivery of The All- Wales Dementia Pathway of Standards, for people living with dementia and sensory needs. Work with partners to increase and promote Rehabilitation Officers for Visually Impaired (ROVI) To build confidence; provide emotional support; regain lost skills and teach new skills. Also, to support, maintain and promote independence and choice.	
NCN	Review and identify areas of collaboration ABUHB IMTP ISPB, NCN Local Authority Corporate Improvement Plans	Maximise resources Single work programmes Identify opportunities for joint commissioning



		 PSB regional Wellbeing Plan and delivery Marmot principles Identify how work contributes and deliver National Outcome 		
Integrated Wellbeing Networkl Development to support older people including those living with dementia and their carers	ntegrated Service Partnership Boards	 Framework Assess and identify good practice in Community connector roles. Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. Support and build community resilience and grow social networks, tapping into sources of support in the community. Review health and wellbeing hubs and identify effective hub coordination. Explore volunteering solutions and links to schools to promote age 	Quarterly update from April 2023.	



friendly communitient Promote and exter regional Ffrind I M volunteering schere	nd
---	----



HOUSING

Regional Priority / Outcome as identified in the Population Needs Assessment:

- > A multi-agency partnership approach to ensure appropriate housing and accommodation for older people and vulnerable citizens.
- To ensure effective use of Disabled Facilities Grants and appropriate partnership support and available resources.
- Homelessness requiring a collaborative response from public services and partners, especially the non-use of B&B accommodation for young people, and through prevention and early intervention.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional Health Housing and Social Care Partnership will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. There will be a focus on:

- 4. Development of Strategic Capital Plan.
- 5. Regional delivery of shared Rapid Rehousing actions.
- 6. Alignment of Housing Support Grant to RPB priorities.



(WHAT we are doing) Action	(WHO) Partner Agencies	(HOW) will we deliver	(WHEN) Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Develop a 10-year Strategic Capital Plan, setting a partnership approach to developing accommodation-based solutions, for children looked after. Also integrated health and social care hubs and wider accommodation solutions for older people and vulnerable citizens.	Torfaen Strategic	1 3 1	April 2023 – high level plan. July 2023 – full plan.	 Increased number of care placements for children. Reduced number of out of county placements. Increased number of integrated hubs.
To ensure effective use of Disabled Facilities Grants and appropriate partnership support and available resources.	Regional DFC task and finish group & PMO	 Ensure regular meetings to DFG regional task group to monitor DFG uptake across LAs and where RIF can support. Explore how DFGs can be maximised across RSLs and ensure citizens have equitable access Highlight good practice and blockages to HHSC Partnership. 	Monthly meetings Standing item HHSC agenda.	 Number of DFGs administered across region. Maintain people living in own home.
Deliver a regional Rapid Rehousing plan based on joint priorities identified within LA plans	Housing Operational Group	 Regional Rapid Rehousing task and finish group to review 5 LA plans and identify joint priorities, which require partnership working. Identify and share good practice. 	Bimonthly meetings.	Reduce time to support people into temporary accommodation.



Oversee and monitor delivery of Regional Integrated Funding delivery models of care	HHSC & PMO	to regional Integrated Capital	April 2023/July 2023 IRCF to align to SCP above.	Total use of IRCF across the region.
Review other local, regional, and national plans to identify areas of collaboration and alignment of resources.	ISPB NCN LAs ABUHB PSB	Review and identify areas of collaboration ABUHB IMTP ISPB, NCN Local Authority Corporate Improvement Plans PSB regional Wellbeing Plan and delivery Marmot principles Identify how work contributes and deliver National Outcome Framework		Maximise resources Single work programmes Identify opportunities for joint commissioning

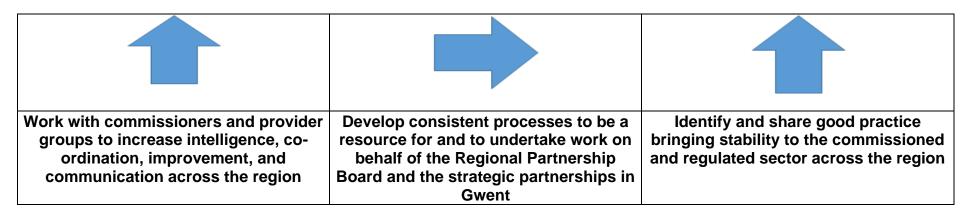


JOINT COMMISSIONING GROUP

Regional Priority / Outcome as identified in the Market Stability Report:

> To deliver commissioning priorities highlighted through Market Stability Report in relation to Adult Services, Childrens Services, Mental Health and Learning Disabilities as well as reviewing opportunities for joint commissioning across health and social care.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional Joint Commissioning Group will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions identified across other population themes

7. The JCG will ensure joint commissioning is prioritised across other strategic partnerships and coordinate and monitor actions to reduce duplication, effectively overseeing development across the region.



(WHAT we are doing) Action	(WHO) Partner Agencies		(WHEN) Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Adult Services Deliver priorities identified in MSR with a focus on	RCG	 Care home fees methodology. Exploring domiciliary care models e.g., micro-carers, regional approach to fees and QA. Support domiciliary, care homes and 3rd Sector/provider fora/webinars. Supporting Direct Payments regional delivery. Common regional approach template for QA in care homes. Supporting LAS with Day Services review. Linking with LAs and ABUHB in supporting pooled budget arrangement. 	On-going On-going Summer 2023 On-going March 2023	Care homes and domiciliary care proposals currently with RPB processes. Awaiting further instructions/on-going. Working group established. Discussion re options at next RCG meeting.



Support Eliminate profit from	RCG CFB HHSC	 Support CFB and HHSC with On-going Eliminate agenda and reducing not for profit. Linking to CFB in relation to CHC discussions. 	Awaiting further instructions/on-going.
Mental Health and Learning Disabilities Services	RCG MHLD	 Linking with ABUHB MH Current on-going division to explore regional discussions within commissioning. Open invitation for Mental Health Division to join fees and QA workstreams. 	On-going.
Ensure joint commissioning issues identified by Strategic Partnerships and Integrated Wellbeing Networks, are coordinated across the region		 RCG Chair to attend On-going Leadership Group and discuss commissioning arrangements and opportunities with other Strategic Partnerships. 	On-going via RCG.
Oversee and monitor delivery of Regional Integrated Funding delivery models of care		 Align and link to On-going commissioned projects where they align to commissioning priorities e.g. Winter plan and commissioning of care home beds. 	On-going via RCG and other strategic partnerships.
national plans to identify areas of		Review and identify areas of Quarterly collaboration ABUHB IMTP ISPB, NCN Local Authority Corporate Improvement Plans	Maximise resources Single work programmes Identify opportunities for joint commissioning



PSB regional Wellbeing Plan and delivery Marmot principles	
 Identify how work contributes and deliver National Outcome Framework 	

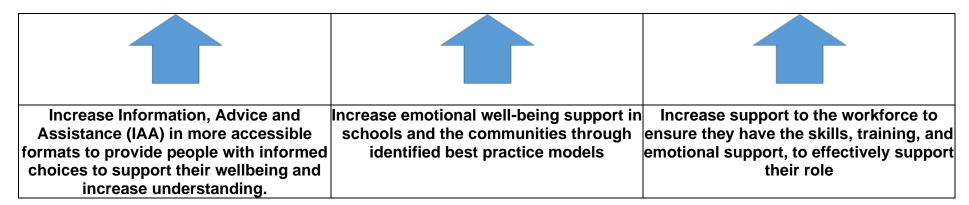


MENTAL HEALTH & LEARNING DISABILITIES

Regional Priority / Outcome as identified in the Population Needs Assessment:

- Increased understanding and awareness of mental health amongst the public, to reduce stigma and help people to seek support earlier.
- > To improve emotional well-being and mental health for adults and children, through early intervention and community support.
- To support people with learning disabilities to live independently with access to early intervention services in the community; and greater public awareness and understanding of people with learning disabilities needs.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional Mental Health and Learning Disabilities Partnership will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

8. We need to promote the mental wellbeing of people in Gwent and ensure that the workforce is supported, to be able to provide people with the support they need at the right time.



9.	o one support in the community and will require the recruitment of a greater number of volunteers.				



(WHAT we are doing)	(WHO)	(HOW)	(WHEN)	Progress Measures
Action	Partner Agencies	will we deliver	Timescales/ Milestones	How much and how well have we delivered?
				What is the difference made?
Review and align regional strategies to Together for Mental Health Delivery plan and develop new regional 10-year T4MH strategy. To include Strategic approach to support people with complex needs, including those who are entitled to Section 117 aftercare, as defined by the Mental Health Act (1983)	ABUHB Five LAs/ Social Services Housing/Homeless prevention Area Planning Board	Disability Partnership Board will develop the new 10-year T4MH strategy, setting out how WG priorities will be delivered at a regional level.		 Performance Measures to be added after regional strategy developed and signed off by WG. Effective subgroup structure developed to oversee delivery of strategy. Reporting of outcomes to RPB and wider partners.
Deliver T4MH CYP and ensure links with the Children and Families	 Families/Children's 	 Work with Children and Families Board to align delivery and 	-	 Joint action plan developed and reviewed regularly,
Strategic Partnership, to develop and		develop a joint action plan, to		including review of support
enhance transition arrangements.	Crisis Liaison TeamsSocial Services	deliver priorities focussing on areas of collaboration.		services.Agreed transition pathways in
	Social ServicesEducational TeamsEDT's	 Continue to organise a Transitioning subgroup to support 		place



	CFB	transition between children and adult services. Link and monitor effectiveness of specific services, such as Mental Health 111 Team, Peer Mentors in ED, and other commissioned services.	Performance measures to be added. TOM action also also also also also also also also
Develop local strategy and action plane in response to WG Talk 2 me National		Gwent Suicide and Self-harm Quarterly meetings	T2M action plan developed and manitored regularly.
Strategy, in relation to Self-Harm and	1111 1/ 22 211101011	Prevention Steering group work programme in place, including an	and monitored regularly.Reporting of outcomes to RPB
Suicide Prevention.	Police	Expert by Experience group and	 Performance measures to be
	Social Services	Communications, Engagement	added
•	Third Sector services	and Training group.	
	(MH Alliance)	Support development of National	
		Bereavement service along with locally commissioned services.	
		 Shared Lives (and other crisis) 	
		services, such as the Crisis	
		Support House, GDAS.	
Work with Health, Social Care and		 A standing item to be included on Quarterly meetings 	 Effective referral pathways in
Housing Forum and Supporting		MH/LD Partnership agenda to	place across organisations
People to ensure that people with a	3	ensure effective links with partners	supporting mental health,
mental health need, substance	providers	with a focus on referral pathways	substance misuse and
misuse need, a learning disability or a co-occurring need can access	IVII I/ EB BIVIOIOII	to access services.	housing needs. Reviewed commissioning
appropriate accommodation and	Tiousing Associations	 Share work plans across partners to ensure effective mapping of 	 Reviewed commissioning strategy based on mapping to
housing related support.	i iivale Landiolus	services and avoid duplication and	avoid duplication
Work in close partnership with the	GSSMS) and Area Planning Board	maximise delivery.	3.1.3.3 3.5.1.3.3.3.1.
Area Planning Board, co-occurring	commissioned	Review and develop	
agenda for people living with	services, such as	commissioning priorities for	
complex needs	GDAS	Commissioned Third sector	



Implementing the Gwent Emotional and Mental Wellbeing Foundation Tier programme.	 Public Health Wales Local Authorities Independent/Third Sector 	services, floating Support commissioned organisations, Substance use services and VAWDASV providers and regional board. Developing the content and reach Quarterly meetings of Melo website, as a Central Point of access for people to support their mental wellbeing in Gwent. Providing free self-help courses and resources for people in Gwent. Developing and promoting Gwent Connect 5 as a workforce training programme to build knowledge, skills, and confidence to have everyday mental wellbeing conversations.	 Increase in number of people undertaking Gwent Connect 5 training, and self-reported increase in knowledge, confidence, motivation, and skills to have a MH conversation after attending Gwent Connect Number of users visiting Melo website, increased followers, and engagement on Melo social media channel increased number local partners social media accounts following Melo social media increased number of partners signposting to Melo from their website
Integrated Wellbeing Network Development to support people living with dementia and their carers	Integrates Service Partnership Boards	 Assess and identify good practice Quarterly meetings in Community connector roles. Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. Support and build community 	 Multi agency staff trained and awareness of mental health and needs of learning disabilities.



Deliver Welsh Government's Learning Disability Strategic Action Plan 2021-2026, including development of a regional LD Charter.	Social Services	resilience and grow social networks, tapping into sources of support in the community. Review health and wellbeing hubs and identify effective hub coordination. Explore volunteering solutions and links to schools to promote Age Friendly Communities. Promote and extend regional Ffrind I Mi volunteering scheme Learning Disabilities Integrated Community Service model developed. Review of Specialist LD in-patient provision. Review of individual placements and providers. Review of Day Services and funding constraints for all partners.	Quarterly meetings	 LD charter developed. Mapping and review of services. Citizen outcomes and case studies. Increase early intervention and practical support to help people live independently. Increase awareness and understanding of the needs of the individual needs of people with a learning disability. Increase the number of social opportunities for people with a learning disability. Increase the number of bespoke and individual support packages for people with a learning disability
---	-----------------	--	--------------------	---



		 Increase learning, training, volunteering, and paid work opportunities for people with a learning disability. Increase number of social opportunities through 'My Mates'
Review other local, regional, and national plans to identify areas of collaboration and alignment of resources.	Review and identify areas of Quarterly collaboration ABUHB IMTP ISPB, NCN Local Authority Corporate Improvement Plans PSB regional Wellbeing Plan and delivery Marmot principles Identify how work contributes and deliver National Outcome Framework	Maximise resources Single work programmes Identify opportunities for joint commissioning
Oversee and monitor delivery of Regional Integrated Funding delivery models of care and capital spend	 The Partnership will oversee and Quarterly meetings review progress of all RIF funded projects through a standing item update at each meeting. A complete list of related projects will be shared with members to determine the schedule of meeting/presentations Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, 	 Support delivery of national Models of Care and monitor effectiveness of projects. Individual project performance information to be included



and next steps, in delivering against the Area Plan • Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card.	
 The Chair will include an overview of RIF delivery as part of annual presentation to RPB. 	



OLDER PEOPLE

Regional Priority / Outcome as identified in the Population Needs Assessment:

- ➤ To support older people to live, or return following a period of hospitalisation, to their own homes and communities through early intervention, integrated care models and a whole system approach.
- To improve emotional well-being for older people by reducing loneliness and social isolation through earlier intervention and building community resilience.
- ➤ To mitigate the long-term impact of Covid-19 pandemic through, especially reducing waiting lists and times to access support, appointments, and medical procedures.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The regional Gwent Adult Strategic Partnership will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions below have been agreed

- 1. Increase early intervention support and inclusion opportunities, to reduce loneliness and isolation.
- 2. Reduce Delayed Transfers of Care, through improved integrated working.
- 3. Increase wellbeing through access to the right support at the right time to reduce crisis referrals.





(WHAT we are doing) Action	(WHO) Partner Agencies	(HOW) will we deliver	(WHEN) Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Ensure that the Home First ethos is always reinforced, if a person requires hospital admission	Gwent Adult Strategic Partnership	 Preventative Measures (Clinical Futures Level 3 and 4) e.g., home first, Care Closer to Home. Integrate Frailty into community services. Define and agree what Discharge to Recover then Assess Model (Wales) (D2RA) means for Gwent. Support Winter Planning arrangements. 		Home First measures to be included, setting out clearly how many people supported, how well service delivered, and the difference made.
Oversee regional delivery of Frailty Service, in helping to address the needs of the ageing population by providing preventative support and early intervention	Gwent Adult Strategic Partnership	 Frailty Service leads from each LA area to report as standing item setting out progress. The Gwent Adult Strategic Partnership are developing an integrated 'place-based' approach to supporting people by reconfiguring existing services to 	Monthly	 Individual Frailty measures set out in service specification. Relevant measures to be included, setting out clearly, how many people supported, how well service was delivered, and difference made. Regular reporting to GASP.



		strengthen community resources. Redesign of Older People's Pathway.		
Maximise the use of Assistive Technology	 Gwent Adult Strategic Partnership HHSC Partnership Dementia Board 	 Continue to support the roll out of assistive technology across health and social care and identify good practice (in relation to Dementia 'magic tables' Explore regional opportunities to develop Telecare services 		 Improved independence. Improved emotional and/or physical wellbeing.
Covid Recovery planning	Gwent Adult Strategic Partnership	 Ensuring learning is shared about public service systems to support future planning. Ensuring individuals and professionals are aware of the Long COVID pathways Monitor care home outbreaks. 	Monthly	Shared learning and increased planning.



(IWN) Development to support older people including those at risk of loneliness and isolation	Integrates Service Partnership Boards	• E S S S S F F T V	good practice in Community connector roles. Ensure accurate information and advice available through effective IAA, Dewis, public awareness campaigns. Support and build community resilience and grow social networks, tapping into sources of support in the community. Review health and wellbeing hubs and identify effective hub coordination. Explore volunteering solutions and links to schools to promote Age Friendly Communities. Promote and extend regional Ffrind I Mi volunteering scheme.		•	Increase number of engagements and community interactions as part of age friendly communities. Designed measures to be included setting out clearly how many people supported, how well the service was delivered, and the difference made.
- I	Gwent Adult Strategic Partnership	c p	The Partnership will oversee and review orogress of all RIF funded projects through	Standing item, each meeting	•	Support delivery of national Models of Care and monitor effectiveness of projects.



		a standing item update at each meeting. A complete list of related projects will be shared with members to determine the schedule of meeting/presentations Projects will use a standard PowerPoint presentation setting out objectives, progress, barriers, and next steps, in delivering against the Area Plan Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card. The Chair will include an overview of RIF delivery as part of annual presentation to RPB.			
Review other local, regional, and		Review and identify areas of collaboration	Quarterly	Maximise resources	
national plans to identify areas of collaboration and alignment of		ABUHB IMTP		Single work programmes	
	LAS ABUHB	_		 Identify opportunities for joir	\ 1
	PSB	ISPB, NCN		commissioning	_



 Local Authority Corporate Improvement Plans PSB regional Wellbeing Plan and delivery Marmot principles
Identify how work contributes and deliver National Outcome Framework

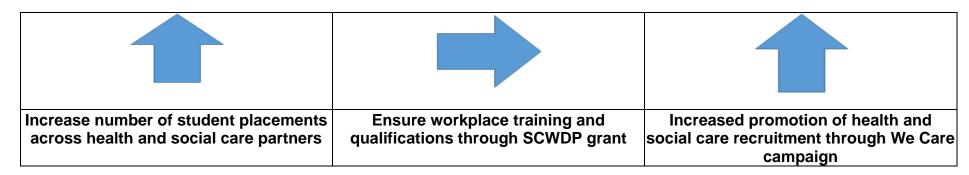


WORKFORCE DEVELOPMENT

Regional Priority / Outcome as identified in the Population Needs Assessment:

- > To promote health and social care sector career opportunities and retain and improve support to existing workforce.
- > To continue to develop the College Consortium in the region to promote and recruit students to sector.

HOW WILL WE MEASURE SUCCESS? Our Population level indicators.



The Regional <mark>Workforce Board</mark> will develop, co-ordinate and monitor delivery of this plan on behalf of the Regional Partnership Board. A market position summary was undertaken as part of the Population Needs Assessment and actions identified across other population themes

- 10. The WF Board will ensure workforce development is prioritised across other strategic partnerships and coordinate and monitor actions to reduce duplication, effectively overseeing development across the region.
- 11. The WF Board will work with key partners and stakeholders to deliver the vision of the national integrated workforce strategy for health and social care
- 12. The WF Board will build a skilled and valued workforce, developing the skills and talents of those within our local communities to provide high quality services.
- 13. The WF Board will ensure the workforce is equipped to deliver and record care through the medium of Welsh, meeting our statutory duty under the Welsh Government's 'Active Offer.'



(WHAT we are doing) Action	(WHO) Partner Agencies	will we deliver	(WHEN) Timescales/ Milestones	Progress Measures How much and how well have we delivered? What is the difference made?
Oversee the delivery of Social Care Workforce Development programme	ABUHB	Continue to ensure regional engagement arrangements mirror the Social Services and Well-being (Wales) Act implementation arrangements and ensuring health and social care workforce have necessary skills Meeting the key workforce development priorities identified in the SCWWDP 2023/24 including offective training course.	·	Increase number of practitioners completing training. Increase number of qualified workforces.
Coordinate and promote careers in health and social care through College Consortium		including effective training course, opportunities to improve qualifications and professional development Continue to facilitate regular meetings with partners through College Consortium. Develop a framework to facilitate student placements within LA social care and ABUHB care teams. Adding value to learning through ongoing engagement with local health and social care sectors, its workforce and local recruitment initiatives.	Regular meeting	Increase number of student applications. Increase number of student placements. Increase number of student apprenticeships. 'Placement to Progression' events facilitated with LAs and local providers.



Ensure workforce issues 5 Gwent LAs identified by Strategic ABUHB Partnerships and Integrated SCW Wellbeing Networks are coordinated across the region.	Establish a mechanism for feedback regarding Bimonthly meeting workforce issues from the strategic partnerships as a first step. Include standing item at WF meeting to review ISPB and NCN plans to identify workforce	Increase joint workforce and transformation training and awareness developing Integrated Hubs.
	requirements and opportunities. Support workforce integration and transformation through Integrated Hub model.	WED Towns of Defending allows
themes and ambitions of HEIW's ABUHB and SCW's: A Healthier Wales, Workforce Strategy for Health, and Social Care	Develop a workforce strategic framework for Bimonthly meeting Gwent creating a seamless health and social care service across the region. Deliver joint health and social care workforce plan for mental health services. Increased recruitment of volunteers to support workforce as both a means to enhance capacity and as means as a pathway to employment.	WFB Terms of Reference, aligns with themes and ambitions of the national strategy. Increased understanding of mental health. Increase volunteers supporting health and social care sector.
Oversee and monitor delivery of 5 Gwent LAs Regional Integrated Funding ABUHB delivery models of care where it SCW relates to WF	 The Board will oversee and review Standing item at progress of all RIF funded projects through a standing item update at each meeting. A complete list of related projects will be shared with members to determine the schedule of meeting/presentations Projects will use a standard PowerPoint presentation setting out objectives, 	Individual measures included in project briefs



	 progress, barriers, and next steps, in delivering against the Area Plan Following the presentation, the Chair with partners will update a risk register for the Chair to update Leadership group and share a partnership report card. The Chair will include an overview of RIF delivery as part of annual presentation to RPB. 	
ABUHB	 Establish a specific sub-group to scope: Collaborative approach to recruitment/marketing. Tempering competition for staff between LAs, ABUHB and commissioned providers. Consider solutions to support staff with personal wellbeing. 	Development of a 'recruitment bus' and regional enquiry form pilot
NCN	 Review and identify areas of collaboration ABUHB IMTP ISPB, NCN Local Authority Corporate Improvement Plans PSB regional Wellbeing Plan and delivery Marmot principles Identify how work contributes and deliver National Outcome Framework 	Maximise resources Single work programmes Identify opportunities for joint commissioning

Appendix 1: Policy Drivers and Current Work (March 2023)

Policy Drivers

- Part 2 of the Code of Practice within the SSWB Act
- Autism Delivery Plan 2021-2022
- Code of Practice on the Delivery of Autism Services 2021
- NHS Wales Act

The Autism Code of Practice was implemented from September 2021 building on the Autism Strategy for Wales and reinforces existing duties within the Social Services and Wellbeing (Wales) Act 2014 and the NHS (Wales) Act 2006, as an alternative to a separate autism bill. RPB engagement through the covid 19 pandemic, highlighted the challenges faced by autistic and neurodiverse people and the potential of an increasing need for support. The Gwent Autism Strategic group supported by the RPB are the first in Wales to hold a stakeholder event with neurodiverse individuals, families' carers, and paid professionals to discuss the Code of Practice and what this means to peoples care and support. The workshops identified what is working well, where improvements are needed and gaps in provision, to help coproduce and shape future support provision. Discussions are also taking place around the name of the steering group to incorporate neurodiversity and its programme of work.

Current Work in Gwent

- In Gwent the referral rate to the Integrated Autism Service continues to increase. This is resulting in significant waiting times for ASD diagnostic assessment and post diagnostic support. Non recurrent funding has been allocated by WG to help address this and a programme is in place (to end of March 23) which is delivering additional diagnostic assessment clinics, post diagnostic support appointments, 'drop in' clinics and post diagnostic courses. This is in addition to core service provision and is mainly taking place during evenings and weekends.
- Several clinicians within Community Mental Health Teams across Gwent have undertaken training regarding ASD diagnostic assessment. This is allowing secondary care service users to access diagnosis and support in a timely manner.
- A further 4 Neurodevelopmental Practitioners have been appointed to secondary care services. These individuals will be instrumental in further developing and delivering neurodevelopmental services. They are currently developing psychoeducational packages for those referred for ND assessment, both pre and post diagnosis.
- Resources continue to be developed and are available on the Melo website.
 People may be signposted to these resources, but they are also available to the public and professionals.
- Work is ongoing to increase awareness and improve skills and knowledge of staff working across mental health and learning disability services. An online *Autism Awareness* course has been developed and is currently being rolled out to staff. ABUHB is also currently liaising with the National Autism Team, in relation to rolling out E-Learning modules to staff *Understanding Autism* is currently available and *Understanding Effective Communication* and *Autism* will be available imminently.
- We have a Gwent Regional Autism Steering group, that is parent led and supported by the Regional Partnership Board Autism Champion. This is a



multiagency group with partners from Local Authority, ABUHB and Independent Third Sector and is in the process of strengthening links with RSL's, so they can improve how they meet diverse needs in housing and support.



Appendix 2: Links to Well-being of Future Generations Act, Public Service Board, and other Strategic Partnerships

The Regional Partnership Board will link and align priorities with other partnerships and strategic plans. There are several strategic partnerships which will share similar priorities and involve supporting the same cohort of people in local communities. It is paramount that there is not a duplication of services but a synergy between the partnerships, plans, workforce, and resources. Partnership and priorities are set out below; and

'The RPB will establish a widened governance to ensure all partnerships are well informed of priorities, and which partnership will lead an agenda and where they will complement and support an agenda'.

<u>Links with Public Service Boards under the Well-being of Future Generations</u> Act

The Gwent Public Service Board (PSB) was established by the merging of the 5 PSBs across Gwent under the Wellbeing of Future Generations (Wales) Act 2015. PSBs have been set up across Wales to improve the economic, social, environmental, and cultural well-being in the area by strengthening joint working across all public services in Gwent.

The Social Services and Well-being Act shares similar principles with several national strategies and legislation. However, the Act shares almost identical principles with the Well-being of Future Generations Act with the main difference between the acts being the time frame: the Area Plan under the Act reflects the Population Needs Assessment and covers a 3–5-year period based on electoral cycle and the Well-being Assessment under the Well-being of Future Generations Act covers a longer period.

A regional Well-being Assessments has been developed in parallel with the Population Needs Assessment to ensure duplication is avoided and a shared approach to improved wellbeing is established. More information on the wellbeing assessments can be found on the <u>Gwent Public Services Board website</u>

PSB Wellbeing Plan Priorities (to include)

- Objective 1 to create a fair and equitable Gwent for all.
- Objective 2 to create a Gwent that has friendly, safe, and confident communities.
- Objective 3 to create a Gwent where the natural environment is protected and enhanced.

A strategic network of PSB managers and partners has been established to ensure good practice is shared when developing individual Well-being Plans and an opportunity for PSBs to undertake joint planning against regional priorities. The Gwent



Strategic Well-being Assessment Group (GSWAG) includes wider partners from Gwent Police, Public Health Wales, Welsh government, National Resources Wales, and South Wales Fire Service. The Regional Partnership Team is also represented on the group and promoting a consistent approach to the plans where they can easily be read and referenced in tandem to promote alignment. A mapping of Well-being Plan priorities against the Area Plan and a common definition of terms used across the plans – which will be the basis of a Memorandum of Understanding. Going forward an alignment of success measures will be required with the ultimate aim to avoid duplication across the plans and apportion priorities across the RPB and PSBs.

As we move forward, we will also align this Area Plan to the PSB's Wellbeing plan. This work has started through a Gwent Strategic Wellbeing Assessment group to ensure clarify where the RPB leads on a priority, where the PSB leads on a priority, and where there are shared priorities.

Safeguarding Boards

As of the 6th of April 2016, the Gwent-wide Adult Safeguarding Board and Southeast Wales Safeguarding Children Board became statutory boards as set out in the Social Services and Well-Being (Wales) Act 2014. The boards were formed in 2011 covering the local authority areas of Blaenau Gwent, Caerphilly, Monmouthshire, Newport, and Torfaen. Both boards have developed work Programmes which ensuring the continued effectiveness of safeguarding practice during the implementation and transition of the Social Services and Well-being (Wales) Act 2014. The individual priorities are set out below and the RPB will support the delivery of priorities through joint working.

Adult Board Priorities:

- Targeting Interventions towards adults who are at risk of specific types of abuse.
- Improving the Quality of Care across the region.
- Improving the effectiveness of the Regional Adult Safeguarding Board.

Children Board Priorities:

- Reducing the effects of compromised parenting on children's well-being.
- Improving our work with adolescents who exhibit risky behaviours.
- Improving the effectiveness of the Regional Safeguarding Children Board.

Police Crime Commissioner and Gwent Police

The Chief Constable for Gwent Police will provide a detailed annual Delivery Plan of the activities proposed to achieve the outcomes required to meet the Police Crime Commissioner's priorities from a policing perspective. The office of the Police Crime



Commissioner will also produce a Business Plan which will detail its contribution towards delivering the priorities. The results of the progress against all activities will be reported each year in a PCC annual report. The priorities for policing are set out below:

- Crime Prevention Taking action to prevent and reduce crime by working partners organisations and communities to tackle crimes that present the greatest threat, harm, and risk and especially those crimes committed against the most vulnerable.
- Supporting Victims Provide excellent support for all victims of crime with a particular focus on preventing further serious harm.
- **Community Cohesion** Ensure that the Police, partners, and my office engage with communities to encourage help and support them to work together to keep themselves safe.
- Tackling Anti-Social Behaviour Ensuring the Police work closely with partner organisations to tackle anti-social behaviour effectively.
- Efficient and Effective Service Delivery Ensuring that Gwent Police and my office are high performing organisation which value and invest in our staff to achieve value for money in delivering impressive services that meet the needs of all communities.

The full Police and Crime Plan can be found here.

Area Planning Board

The substance misuse Gwent Area Planning Board works across the Gwent region to reduce substance misuse through a combination of education, prevention, treatment, and rehabilitation. The current priorities the board are working to address are below and the RPB will work in partnership to avoid duplication and create a synergism across partners.

Priorities:

- Improving emergency service substance misuse training and Naloxone roll out.
- Increasing alcohol prevention both in terms of treatment and education.
- Improved primary prevention including raising awareness of Minimum Unit Pricing (MUP).
- Co-occurring mental health and substance misuse services.
- Improved housing options.
- Securing capital estates funding (impact to service delivery if reduced).



<u>Violence Against Women Domestic Abuse and Sexual Violence (VAWDASV)</u> <u>Board</u>

The Violence against Women, Domestic Abuse & Sexual Violence (Wales) Act 2015 focusses on the prevention of issues, the protection of victims and support for those affected by such issues. Welsh Ministers are required to prepare and publish a National Strategy in relation to these matters and appoint a National Adviser on Violence against Women and other forms of Gender-based Violence, Domestic Abuse and Sexual Violence. Relevant authorities are required to prepare and publish strategies to contribute to the pursuit of the purpose of the Act. A Southeast Wales VAWDASV Board has been established and supported by a VAWDASV regional team.

The board has identified several emerging regional priorities and the RPB will support the work of the VAWDASV Board in achieving the required outcomes:

- **Strategic Priority 1:** Increase awareness and challenge attitudes of violence against women, domestic abuse, and sexual violence across Gwent.
- **Strategic Priority 2:** Increase awareness in children and young people of the importance of safe, equal, and healthy relationships and that abusive behaviour is always wrong.
- **Strategic Priority 3:** Increase focus on holding perpetrators to account and provide opportunities to change their behaviour based around victim safety.
- Strategic Priority 4: Make early intervention and prevention a priority.
- **Strategic Priority 5:** Relevant professionals are trained to provide effective, timely and appropriate responses to victims and survivors.
- **Strategic Priority 6:** Provide victims with equal access to appropriately resourced, high quality, needs led, strength based, gender responsive services throughout the region.

The Area Plan will also set out where it contributes to ABUHB IMTP Plan, Local Authorities Corporate Improvement Plans, and 6 national urgent care goals. Our 'six goals for urgent and emergency care' below:

- Coordination, planning and support for people at greater risk of needing urgent or emergency care
- 2. Signposting to the right place, first time
- 3. Access to clinically safe alternatives to hospital admission
- 4. Rapid response in a physical or mental health crisis
- 5. Optimal hospital care following admission
- 6. Home-first approach and reduce risk of readmission



Appendix 3: ABUHB Clinical Futures and Integrated System of Well-being

ABUHB's ambition is to create a new system of primary, community care and well-being across Gwent, in partnership with local government and the third sector. They aim for people to be able to access the care they need in their own community and homes, improving independence and wellbeing, and avoiding the need for unnecessary hospital admission. To do this they will require a radical transformation of services, and the development of new models of care, based in the community. ABUHB's vision in is to create a system of primary, community and well-being services, based around the Neighbourhood Care Network (NCN) footprint, where there is a consistent regional service offer, and effective locality based multi-disciplinary teams. A framework has been developed to set out a vision, with a 5-year programme plan developed from 2018/19 to deliver change.

The four stages are:

- 1. Keeping people healthy and well
- 2. Self-care
- 3. Primary Care and NCN Team
- 4. NCN Hub with specialist and enhanced services

ABUHB will draw on the findings of the Parliamentary review, recognising their expectations of a community focused, seamless service. Integrated commissioning, and a clear set of service principles will underpin the development of a consistent NCN model which includes:

- Establishing a Gwent wide unified vision for health and social care
- Increasing the pace of transformative change and integration
- Developing new models underpinned by the principles of prudent healthcare and the Social Services and Wellbeing Act

The system is predicated on the shared agreement by both Health and Local Government to provide more care closer to home, to reduce a reliance on primary care services, and prevent unnecessary hospital admissions. The system will build on the existing innovation across Gwent, and use the NCN footprint, as the basis from which services will be planned and delivered, around a model of community well-being. To drive action, a set of 10 high impact actions have been adopted to drive forward change, and which are focused on partnership working, the development of more productive flows, and the creation of a standard model of multi-disciplinary teams. Taken together, these principles can be translated into high impact actions including:

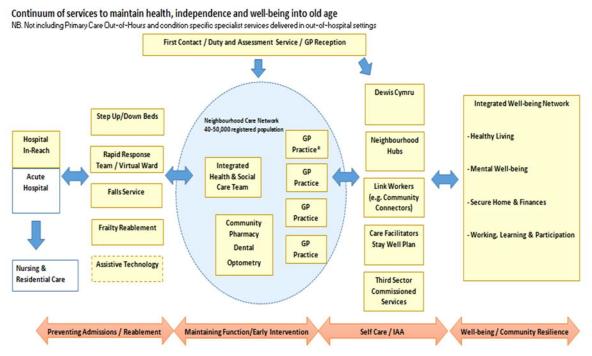
- The development of a new model of integrated care predicated on improved wellbeing, based on an NCN/IWBN footprint
- The development of active signposting through Information Advice and Assistance (DEWIS) to empower citizens to make informed choices about their healthcare needs and actions



- Greater partnership working to deliver a consistent specification for NCNs across organisational boundaries to provide a seamless pathway to accessible local community services.
- Developing an appropriate skills mix within a modernised and more integrated workforce, aligned to the population needs assessments.
- Enhancing self-care through social prescribing, and new consultation methods in line with the principles of prudent health care.

Further pathways establishing secondary care and primary care responsibilities and enhancing the leadership of primary care, particularly for chronic conditions. Proposed Outcomes for ABUHB Integrated System:

- People are identified early if they need care or support, and they are prevented from ill health or decline in wellbeing wherever possible
- Improved community capacity to support improved health behaviours
- Reduced unnecessary hospital admissions through the provision of integrated community capacity, that is responsive and accessible
- A seamless pathway of care for patients, by integrating social services, health and third sector provision at a local level
- Improving the sharing of information across health and social care



*Multi-professional teams might include - ANPs, Clinical Pharmacists, Community Paramedics, Mental Health Practitioners, Social Prescribers, HCSVs



Appendix 4: Performance Management Operation/Process Flow

LEAD	OUTPUTS
 Develop PNA sections Area Plan delivery/ monitoring Scrutinise RIF at partnership level Develop risk register Ensure coproduction 	Updated Area Plan and risk register Communicate best practice/issues requiring unblocking Produce statutory/ national reports



LEADERSHIP GROUP						
LEAD	OUTPUTS					
 Sign off Area Plan template Standing item update from each Strategic Partnership Scrutinise grant funding Identify cross cutting links across strategic partnerships Develop and implement Communication strategy 	 Links with other plans/funding Review Strategic Partnership risk registers Sign off Strategic Partnership reports for RPB consideration 					



REGIONAL PARTNERSHIP BOARD			
LEAD DISCUSSION	DECISION		
 Scrutinise Strategic Partnerships including delivery Area Plan - standing item and Chairs to present at RPB meeting Sign off partnership's Risk Register (Area Plan & funding) Identify other issues outside of statutory functions 	 Sign off PNA/MSR Sign off Area Plan Sign off RIF/grant funding Sign off Annual report Sign off statutory reports Sign off scheme of delegation for Strategic Partnerships 		



Appendix 5: Welsh Government Principles of Working Action Plans and Acronyms

Acronym	Full Description
ABUHB	Aneurin Bevan University Health Board
ACE	Adverse Child Experience
APB	Area Planning Board
ASD	Autistic Spectrum Disorder
ВМЕ	Black Minority Ethnic Group
CAMHS	Child and Adolescent Mental Health Services
СГРВ	Children and Families Partnership Board
СҮР	Children and Young People
DEWIS	National website
GAVO	Gwent Association of Voluntary Organisations
GNME	Gwent Needs Mapping Exercise
G+T	Gypsy and Traveler
IA	Integrated Assessment
IAA	Information Advice Assistance
ICF	Intermediate Care Fund
ISCAN	Integrated Services for Children with Additional Needs.
LGBT	Lesbian, Gay, Bisexual, Transgender Community
LVSW	Low Vision Service Wales
NCB	National Commissioning Board
NCN	Neighbourhood Care Network
NGO	Non-Government Organisation
NOMS	National Offender Management Service
PMLD	Profound and Multiple Learning Disabilities
PNA	Population Needs Assessment
PSB	Public Service Board
PTSD	Post-Traumatic Stress Disorder
RPB	Regional Partnership Board
RCC	Regional Collaborative Committee
RJCG	Regional Joint Commissioning Group
SIMS	School Information Management System
SLCN	Speech Language and Communication Needs
TVA	Torfaen Voluntary Alliance
VAWDASV	Violence Against Women, Domestic Abuse and Sexual Violence



VT	Veteran Therapist
WBA	Wellbeing Assessment
WCCIS	Welsh Community Care Information System
WFG	Wellbeing of Future Generations Act
YJB	Youth Justice Board
YOS	Youth Offending Service



Appendix 6: Mental Capacity (Amendment) Act 2019- Liberty Protection Safeguards

The Mental Capacity (Amendment) Act 2019 amends the Mental Capacity Act 2005, introducing a new legal process that recognises that care and support can happen anywhere, providing protection to people who lack capacity to consent to their care or treatment wherever they live or receive care. The Mental Capacity Act will eventually replace the Deprivation of Liberty Safeguards with the Liberty Protection Safeguards and places responsibilities on Local Councils and Health Boards.

Changes include:

- Applies to people 16+ who have been assessed to lack capacity to consent to their care or treatment, where that care or treatment amounts to a deprivation of liberty
- The authorisation can be anywhere where that person is receiving care or treatment that amounts to a deprivation of liberty, including their own home, educational establishment, respite, day centre.
- A new role called the Approved Mental Capacity professional replaces the Best Interest Assessor
- A new role called the Appropriate Person is introduced, that replaces the Relevant Person Representative Councils and Health Boards will be known as Responsible Bodies
- Integrating LPS into existing assessment/planning practice promoting principles of the MCA as part of core practice

Preparing for the implementation is an essential part of the process to ensure that the transition is as smooth and efficient as possible, helping to reduce the impact on our citizens and workforce, whilst providing key opportunities for them to influence the implementation across Gwent. The local councils, Newport, Blaenau Gwent, Monmouthshire, Caerphilly, and Torfaen along with the Aneurin Bevan University Health Board are working in partnership to look at how this change can be implemented across Gwent, addressing the need to appropriately support the workforce as well as the people within our communities.

Most importantly the Act will ensure responsible bodies are applying the fundamental principles of the Mental Capacity Act into the core business to ensure that the people who are supported have their rights protected and are afforded the appropriate safeguards they are entitled to, promoting empowerment by placing them at the heart of decision making, to support their needs and provide a seamless pathway of care.

A successful implementation for Gwent will be:

 To understand and meet our statutory duty obligation in line with the Mental Capacity Act 2005 across Local Authority services, commissioned providers, and Aneurin Bevan University Health Board.



- To raise awareness across services outside of health and social care to ensure that MCA practice is embedded in service delivery
- To support and develop skilled and competent workforce in applying MCA and the new legal framework following implementation
- To continue working towards sustainable training that can be delivered across the sectors for specific audiences with various roles and responsibilities
- Build on consistency and strengthening practice-based support within the health and social care sector.
- Utilise the opportunity to improve existing process and procedures to support the integration of health and social care
- Support resilience within the sector
- Identify opportunities to integrate existing practice to comply with new framework
- Work in collaboration with partners and stakeholders, identifying shared objectives to achieve better outcomes for the people we support
- Encourage engagement with the workforce and citizens, to listen and learn from experience
- Provide accessible and relevant information to meet the needs of citizens and the workforce
- Advice, support, and assistants that considers the demographics of the Gwent population, considerate of all needs, culture, and background.

Change, improve and deliver were three key words from the Area Plan 2018 and the amendment to the Act provides us with an opportunity to utilise this to our advantage by placing the workforce and people with care and support needs at the heart of the planning and implementation.

More information about Liberty Protection Safeguards here.

Changes to the MCA Code of Practice and the implementation of LPS can be found here.



Appendix 7: National Outcome Frameworks and Measuring Outcomes

The national outcome indicators evidence whether the national well-being outcomes are being achieved and provide a measure of the wellbeing of people who need care and support and for carers who need support.

The Regional Partnership Board continue to build on and strengthen the work we do with our statutory, independent and third sectors partners, building on people's strengths and abilities and enabling them to maintain independence and realise their personal goals. To support this work, Welsh Governments National Outcomes Framework, includes a series of national wellbeing outcomes which these groups should expect in order to lead fulfilled lives. These are set out in the table below:

What Wellbeing Means	National Wellbeing Outcomes
Securing rights and entitlements Also for adults: Control over day-to-day life	I know and understand what care, support and opportunities are available and use these to help me achieve my well-being.
	I can access the right information, when I need it, in the way I want it and use this to manage and improve my well-being.
	I am treated with dignity and respect and treat others the same.
	My voice is heard and listened to.
	My individual circumstances are considered.
	I speak for myself and contribute to the decisions that affect my life, or have someone who can do it for me
Physical and mental health and emotional well-being Also for children: Physical, intellectual, emotional, social, and behavioural development	I am healthy and active and do things to keep myself healthy. I am happy and do the things that make me happy. I get the right care and support, as early as possible.
Protection from abuse and neglect	I am safe and protected from abuse and neglect. I am supported to protect the people that matter to me from abuse and neglect. I am informed



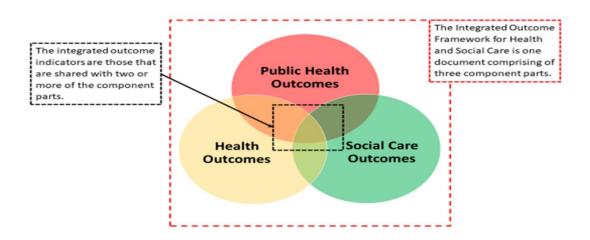
	about how to make my concerns known.
Education, training, and recreation	I can learn and develop to my full potential. I do the things that matter to me.
Domestic, family, and personal relationships	I belong. I contribute to and enjoy safe and healthy relationships.
Contribution made to society	I engage and make a contribution to my community. I feel valued in society.
Social and economic well-being Also for adults: Participation in work	I contribute towards my social life and can be with the people that I choose. I do not live in poverty. I am supported to work. I get the help I need to grow up and be independent. I get care and support through the Welsh language if I want it.
Suitability of living accommodation	I live in a home that best supports me to achieve my well-being.

The National Outcomes Framework will continue to support specific performance measures identified in the Gwent region, to help us monitor progress and continue to adapt how we work to ensure the best positive for outcomes for people needing health and social care.

The Gwent RPB will align the work of strategic partnerships with the new National Outcome Framework for Health and Social Care a recommendation of A Healthier Wales. It will demonstrate how integrated working has contributed to the health and wellbeing of the whole population. It will also contribute towards delivering the goals of: A Healthier Wales; the Well-being of Future Generations (Wales) Act 2015 and Social Services and Wellbeing (Wales) Act 2014. The indicators included will provide all integrated partners with a Framework that enables them to review and prioritise their programmes and activities so that they are progressing the things that matter. It will measure whole system progress so that we understand the effectiveness of partner's actions.

Each strategic partnership will highlight where actions are contributing to the national indicators and review the data regularly to inform practice and update action plans.





Draft National Wellbeing Indicators

- 1. Healthy life expectancy at birth
- 2.Healthy birth weight
- 3. Healthy lifestyle behaviours
- 4. Prevention of people feeling lonely
- 5. People have positive mental well-being
- 6. Children are tooth decay/disease free
- 7. Supporting children to remain with their families
- 8. People of a healthy weight
- 9. Prevention of deaths from all substance misuse (drugs and alcohol)
- 10. Supporting people with a long-term condition to work
- 11.People's accommodation is suitable for their needs
- 12. Safeguarding adults from abuse and neglect
- 13. Prevention of falls among older people